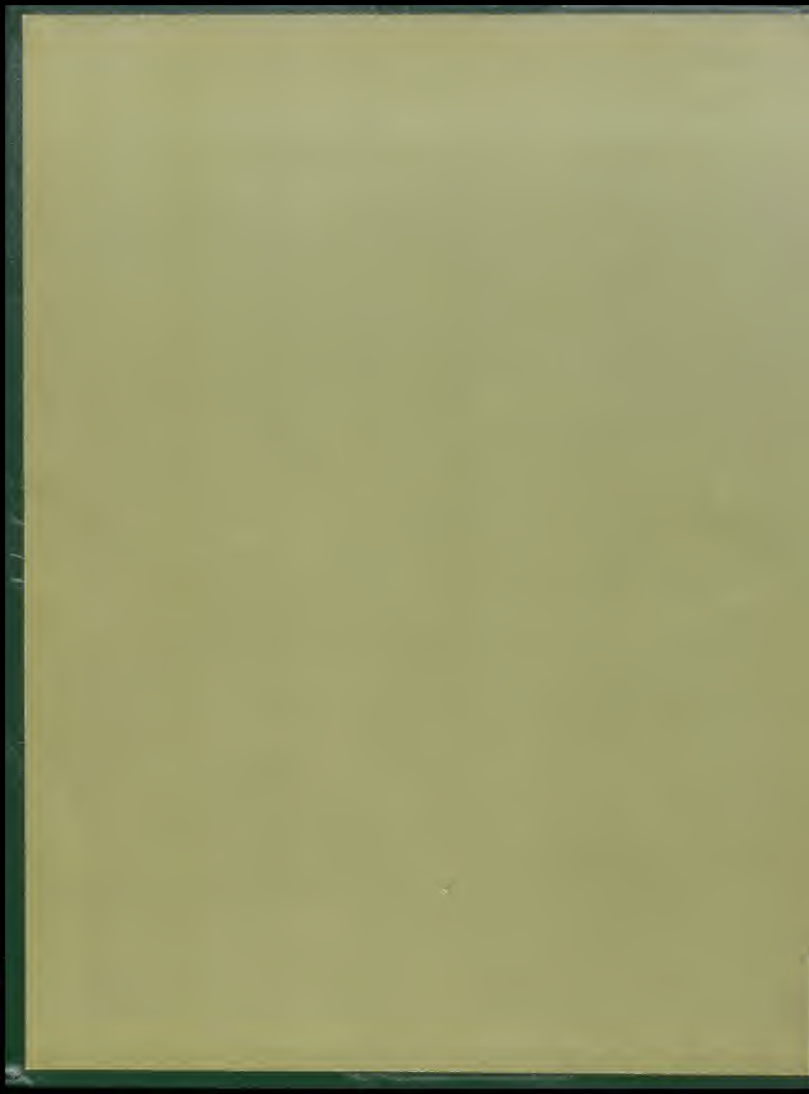


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VALENIAN'70



the 1990s, the number of people with a diagnosis of schizophrenia has increased in the United Kingdom (Meltzer and Peck 1998). The prevalence of schizophrenia in the United Kingdom is estimated to be 1.2% (Meltzer and Peck 1998).

There is a growing awareness of the need to improve the lives of people with schizophrenia. The United Kingdom has a number of national strategies for mental health care, including the National Service Framework for Mental Health (Department of Health 1999), the National Mental Health Development Plan (Department of Health 2002), and the National Strategy for Mental Health (Department of Health 2003). These strategies emphasize the need to improve the lives of people with mental health problems, including people with schizophrenia. The strategies also emphasize the need to improve the effectiveness of mental health services, including the need to improve the effectiveness of treatment and rehabilitation services for people with schizophrenia.

One of the key areas of focus in the national strategies is the need to improve the effectiveness of treatment and rehabilitation services for people with schizophrenia. This includes the need to improve the effectiveness of medication, psychological, and social interventions. The strategies also emphasize the need to improve the effectiveness of rehabilitation services, including the need to improve the effectiveness of supported employment, housing, and social skills training.

One of the key challenges in improving the effectiveness of treatment and rehabilitation services for people with schizophrenia is the need to improve the effectiveness of medication. This includes the need to improve the effectiveness of antipsychotic medication, which is the mainstay of treatment for schizophrenia. The strategies also emphasize the need to improve the effectiveness of psychological and social interventions, which are also important components of treatment for schizophrenia.

One of the key areas of focus in the national strategies is the need to improve the effectiveness of rehabilitation services for people with schizophrenia. This includes the need to improve the effectiveness of supported employment, housing, and social skills training. The strategies also emphasize the need to improve the effectiveness of rehabilitation services, including the need to improve the effectiveness of supported employment, housing, and social skills training.

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VALENIAN 1970

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Valparaiso, Indiana
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Elements of Change Surround Us



1969-70: What was it?
It was a year of togetherness
In confusion...
The seemingly endless
Construction
Confused the sophomores,
Vexed the juniors,
And annoyed the seniors.
Attending make-shift classes,
Together we
Tolerated the old,
But anticipated the new,
In this, the Year of the
Mess...



But what were the elements?
Mr. Stokes had his
Secret Weapon--
We had an undefeated team!
Bye Bye Birdie was
A success;
And so were many other
Elements, because
We rode the conveyor belt to
Change...



Watch the VHS Transformation

*It came upon us slowly,
But we were all aware of*

The changes...

*Alone--and together,
Playing--and working,*

Silent--

Or voices raised in unison.

We found our friends,

Set the styles,

Took the tests,

And learned

That the language of German,

And tennis, and Pep Club,

And "Workmanese"

Is the language of

VHS.

And we are a part of it,

Even though it is transformed

From "good old VHS"

To an unrecognizable

SCHOOL;

With all the chaos, dirtiness,

And unbearable messiness

In-between.





Feel the Spirit of a Year of Changes



*It was with us
In the fall, in the winter,
And in the spring...
Viking Spirit for teachers,
Sophomores, juniors, and
Seniors.
Together, we felt the strains
Of three-hour exams;
The joy at seeing "old" VHS
Become beautiful:
The thrill
Of ordering caps and gowns;
The pride at being Drummer
For the Carolers;
The feeling of accomplishment
When making new friends;
And the secret excitement
Of learning...
And being.
All these feelings,
Whether old or new,
Will be remembered by us all
As the spirit of the year
Of changes.*





Metamorphosis of People and Things

*We
Could see, hear, and feel the
Changes,
And the old familiar things
That made us part of VHS...
From the loneliness of
After-four-o'clock,
To the shared pride of an
Undefeated team;
From the melancholia of the
Last home game,
To the appearance of a
Familiar face
At every home game;
From the echoes of an empty
Locker-room,
To the tearing noise of paper
As the player breaks through
The hoop.
Our senses were awakened
By the changes all around us,
And no one missed an element
Of the VHS
Metamorphosis.*





Listen to New and Old Vibrations



*We all got the message
Of 1970.
In different ways, through
Varied mediums,
We grooved with the
"Young and Free"
And made our own noises at
Games, in pep buses,
Together.
We screamed at the candy
Machines for stealing nickels.
We gasped in awe
At the sight of the new vinyl
Walls.
We were guided by wise
Words and talking
Faces.
The workmen hammered
Doorways in our minds.
We were persuaded
By announcements, signs, and
Slogans...
"Buy a Valenian!"
See yourself.*



Reach Out for Unity in Confusion

*We touched the elements of
Change...
Shivering in the cold
During fire drills;
Trying to reach a thousand
Students--through a tiny
Microphone;
Exchanging ideas with a fellow
Teacher,
In order to bring more
Knowledge to the students;
Building physical and mental
Muscles;
Wrestling with people
And with facts;
Hanging Christmas ornaments;
Doing homework in the sun;
Ushering
At basketball games;
And tripping over scaffolding,
Or each other.
In all these things,
One only had to reach out,
And unity was there.*





You Were Part of the 1970 Senses



The elements of 1970 will

Always

Be remembered...

Our first bonfire--

Throwing Lew Wallace into

The flames;

Getting to know teachers,

Workmen, and classmates;

Watching

The VHS transformation--

Missing the old just a tiny bit;

Winning awards--

From trophies for athletic

Prowess to A's

On twenty-page term papers;

Keeping up with the

World despite messy

Lockers;

Feeling pride in VHS and the

U.S.A.

We went through these days

With that sense of togetherness

That dominated

The "Elements of Change."



*VHS's administration, from
Board of Education to
Faculty,
Kept a tight hold on the
Elements of Change...
Planning the new high school;
Remodeling the old;
Sticking to a budget;
Counseling wayward
Students;
Keeping standards high;
Acting as coaches, teachers,
Friends;
Searching for new teaching
Methods;
Acting as "father"
For a thousand students.
Secretaries--
Making ends meet and
Controlling chaos;
Maintenance--
Making VHS comfortable for
Us,
The administration's "babies."*

ADMINISTRATION





WILLIAM WELLMAN
Vice-President



CHARLES BOWMAN
President



JOSEPH DURAND
Secretary

Board Motivates Elements of Change

The five members of the Valparaiso Board of Education continued to initiate and develop plans for the new senior high school, to be completed by August, 1971. The target date for the adoption of the final plans being prepared by the Everett L. Brown Company, Architects & Engineers, was December, 1969, and the bids were "let" in February, 1970. Suggestions from VHS faculty members, students, and a citizens committee were incorporated into the final plans. Problems concerning the work on the present high school, which is to be converted into a new junior high, were also supervised by the five Board members. Another of their "jobs" was to manage the many problems related to personnel, to maintenance of the schools, to salaries, to school policies, and to the "tight" budget of the Board of Education.



MANN SPITLER
Member



NANCY MYERS
Member

Administration Upholds Standards



G. WARREN PHILLIPS
Superintendent



DR. JAMES TROST
Director of Curriculum



MYRON KNAUFF
Administrative Assistant



THOMAS H. ROBERTS
Director of Buildings



GARTH JOHNSON
Principal



C. J. DOANE
Vice-Principal

In September, VHS welcomed its second new Principal in two years. Mr. Garth Johnson, who was Principal of B.F. for four years, and of T.J. for three years, took the position of administrator of VHS following the departure of 1968-69 Principal Clyde Allmon. Mr. C.J. Doane completed his fifth year as Assistant Principal, and his third year as Athletic Director. G. Warren Phillips, Superintendent of Schools, and Mr. Myron Knauff, Administrative Assistant, proceeded with the plans for the new high school, and Mr. Thomas Roberts supervised the construction being done on VHS this year. The five administrative secretaries were Mrs. Kay Sherer, receptionist; Mrs. Grace Rickard, treasurer of the community schools; Mrs. Isabelle Froenicke, pay roll clerk; Mrs. Sheila Thompson, federal program director; and Miss Janet Payne, curriculum secretary.





JANET PAYNE
Curriculum Secretary



MRS. RALPH
Librarian Director



MISS McMURTRY
Reading Consultant



THELMA CHAMPION
Nurse



ISABELLE FROENICKE
Payroll Secretary



KAY SHERER
Receptionist



SHEILA THOMPSON
Fed. Gov't Director



GRACE RICKARD
Budget Manager



W. B. CHRISTIAN
English Co-ordinator



DEAN GERBER
Social Studies Co-ordinator



WESLEY MAIERS
Math Co-ordinator



RALPH HOWARD
Science Co-ordinator

Faculty Adapts to VHS Changes



There were twelve new faces among the VHS faculty this year, with two additional teachers and ten replacement teachers. Mr. Manuel Baez, a Spanish instructor, began his teaching career at VHS. Miss Cynthia Hutchinson, Mrs. Diane Leetz, and Mr. Maitlin were the new faces in the business department. In the mathematics department, Mrs. Clare Pokorny taught geometry and Mrs. Shirley Theille became a part-time math teacher. Mr. Charles Foglesong and Mr. Lorraine Vinson brought their knowledge to the school's science department. Mrs. Phipps became the new home economics instructor, and a first-year teacher, Miss Kathleen McGuin, took over the girls' physical education classes. Mrs. Linkimer and Mrs. Moser, teacher aids, joined Mr. Kester, our first teacher aid, in supervising the study halls.



MANUEL BAEZ



VIVIAN BAUMANN



JOHN BEZEK



CHARLES BIRD



IN MEMORIAM
DELORES BAUER



MARY EDNA BOWMAN



ROY ELLIS BROWN



BERNARD BUTT



ROBERT CAIN



DALE CICIORA



KATHERINE CLARK



FLORENCE CRAIG



EVAR EDQUIST



GLEN ELLIS



RONALD GARDIN



CLYDE GAST



CHARLES GEISS



PAULETTE GROTRIAN



JEAN HECKMAN



DORIS HILDRETH



CYNTHIA HUTCHINSON



DANIEL KESTER



RUTH LAUBE



DIANE LEETZ



BERENICE LINKIMER



WESLEY MAIERS



PHILIP MAITLEN



KATHLEEN MCGUIN



MARTIN MILLER



ROSALEAH MOSER



PATRICK MURPHY



ARLINE PHIPPS



CLARE POKORNY



RONALD POLLOCK



SIDNEY REGGIE



ROBERT RHODA



LEWIS RIDENOUR



BYRON RIGG



BRYCE ROHN



DONALD SCOTT



AUDREY SHAUER



CHARLES STANIER



THOMAS STOKES



VIRGIL SWEET



SHIRLEY THEILE



SUZANNE THRUN



VENDO TOMING



GEORGE TSOUTSOURIS



LORRAINE VINSON

NOT PICTURED:

CARL FOGLESONG
ROBERT MILLER



Mr. Henkel, Director of Guidance, held the futures of many college-bound seniors in his hands.



Sophomore Linda Higgins speaks with Mrs. Cezus about her schedule.

Guidance: Planning for the Future



As counselor, Mr. Hildreth is required to fill out hundreds of college applications.



Mrs. Cezus endures the gruelling task of guiding sophomores through their first year at VHS.

Students seeking help with personal problems or advice concerning college applications found the three guidance counselors willing to steer them to the right decisions. Mrs. Cezus was in charge of counseling all girls and all sophomores. Mr. Hildreth and Mr. Henkel shared the responsibility of advising all juniors and seniors. All three counselors also worked in the attendance offices each morning to hand out passes to students who had been absent or tardy. In the paper entitled "Guidance Staff Assignments and Information" it was stated that "a counselor should have, or acquire, various skills, such as the following: interpreting tests, use of audio-visual materials, working with small and large groups, case conferences, and presentations to parent groups." This pamphlet served as a guideline for the counselors, explaining their daily and "extra" duties.



On their coffee-break, Mrs. Stordeur and Mrs. Ransom take advantage of free rolls and coffee.



The adding machine helps Mrs. Douglas handle VHS's money matters.



Sorting catalogue cards is one of Mrs. Stokes' diversified duties.

Secretaries Erase Office Turmoil



Mrs. Ransom, as secretary to the guidance counselors, gets to meet every student at VHS.



As the day progresses, Mrs. Stordeur's desk becomes littered with a profusion of memos and messages.

All four secretaries worked in harmony despite their varied "roles" to bring order to the VHS office. Mrs. Billie Stordeur served as Mr. Johnson's secretary and was also the VHS office receptionist. Mr. Doane's secretary, Mrs. Catherine Douglas, was in charge of attendance records and was treasurer of the school's extra-curricular fund, paying out more than \$130,000 during the year. Mrs. Charlotte Ransom, the guidance department secretary, arranged appointments for students to meet with their counselors and kept the students' records up-to-date. Mr. Gardin's secretary, Mrs. Patricia Stokes, ordered new books for the library and took care of the audio-visual aids. The secretaries also cheerfully answered questions posed by students and teachers, and helped solve many VHS "problems."

Year of Cooking, Cleaning in Chaos



FRONT: Mrs. Jones, Mrs. Bowman. BACK: Mrs. Cherry, Mr. Bowman.



Mr. Marsh checks with the office for his "assignments."

Six custodians this year undertook the maintenance of VHS. Although their work was somewhat hampered by the construction throughout the school, they managed to sustain their usual high degree of cleanliness. Mr. Cramsie, Mr. Dixon, Mr. Marsh, and Mr. Schultz worked during the day on a variety of "projects," from replacing light bulbs to keeping the gym floor immaculate. After school Mrs. Cherry and Mrs. Jones came in to clean up the classrooms, often left in a state of chaos after seven hours of occupation.

The five cooks, under the direction of Mrs. Bernice Brunicon, arrived early each morning to begin their task of feeding nourishing meals to several hundred students a day. Displaying their Viking spirit, the ladies wore green aprons over their uniforms, and often served special "treats"



The cooks are Bernice Brunicon, Lucille Baugher, Mabel Proctor, Lillie Winters, and Almay Montoney.



Mr. Schultz and Mr. Dickson help keep VHS "going."

*The familiar activities kept us
Together,
Despite the elements of
Change.
We will always remember...
Joining "old" clubs and
Forming new ones;
Attending dances--
Girl-ask-boy or boy-ask-girl;
Riding pep buses;
Learning through teaching;
Wearing senior flowers;
Writing--
Newspaper copy or yearbook
Captions;
Decking the halls at Christmas;
Selling books;
Playing games and
Play-acting;
Working to benefit the school
Or self;
Doing our thing--
Being the leaders or following
The crowd...*

ACTIVITIES





The Christmas season is a hectic time for the convocation cast.



"Did they really get pinned?" Mike LaBrie and Paula Oliver take part in the telephone hour of "Bye Bye Birdie."



Pilot Mike Lampl argues with the "hijacker," Greg Rose.

Drama and Debate Has Active Year

Plays, convocations, and debates were some of the projects undertaken by this year's Drama and Debate Club. The club started the year by staging a production of Bye, Bye Birdie, which proved itself a success by the "demand" performance of an extra Sunday at the Bridge-VU Theater. Once again the Drama Club was in charge of the annual Christmas Convocation. The program this year consisted of an original play written by several anonymous VHS students, and of the FOUR SOPHOMORE'S own version of the Twelve Days of Christmas. The traditional variety show, March Madness, was presented this year at Bridge-VU. Although the Drama and Debate Club participated in few interscholastic debates, they had a very rewarding year. The knowledge accumulated through readings and speakers was very beneficial for debates within the squad.



DRAMA & DEBATE OFFICERS: V. Vandrey, President; P. Oliver, Secretary; A. Barber, Vice-President;

Mr. Bird, Advisor; J. Appelo, Treasurer; Mrs. Grotrian, Advisor.

Future Teachers Gain Experience

The Future Teachers of America organization, under the sponsorship of Mrs. Bowman, involved career-minded students in an exploration of the teaching profession. Among the guest speakers at the monthly meetings were Mr. Beau Christian, English coordinator, and Mrs. Sid Reggie, who discussed the teaching of the retarded. To expose students more directly to the profession itself, interested senior girls spent two to three days teaching in elementary schools under the supervision of a critic teacher. Each girl was allowed her choice of grade level, and wrote an evaluation of her experience. The members of FTA were thus more prepared for a possible exploration of a teaching career at college.

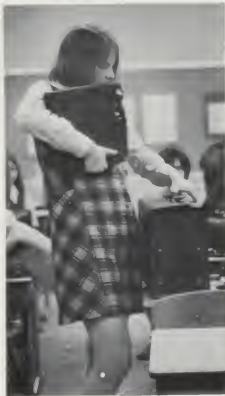


FTA OFFICERS-- D. Moser, Vice-President; W. Froberg, President;

S. Kotefka, Secretary-Treasurer; Mrs. Bowman, Sponsor.



Cadet Teacher Jan Pedone confers with Mrs. Bowman.



Wyn Froberg prepares to show slides at the FTA Christmas party.



Mrs. Reggie speaks of mental health problems to FTA members.

GAA Sisters Enjoy Athletic Events

Members of GAA kept themselves fit from autumn to spring by participating in various sports after school each Friday. "Big sisters" were allowed to "humiliate" "little sisters" at the traditional initiation ceremony, where new members were made to do all sorts of unnecessary stunts. The girls took part in seasonal sports such as volleyball, soccer, and tumbling, and competed with members of GAA from other schools in Telegraphic Bowling Meets and gymnastic and track meets. Sophomore, junior, and senior girls were allowed to "outplay each other" in a class basketball tourney. Besides enjoying the afternoon sports sessions, the GAA also sponsored social events during the year. They held an after-game dance in the fall, a Christmas party in December, and the Sadie Hawkins Dance in the spring.



GAA OFFICERS - Mrs. Pokorny, Sponsor; C. Kotefka, Vice-President; S. Bretscher, President; B. Burey,

Secretary; M. Phillips, Treasurer; J. Ohler, Publicity.



Alexis Olson executes a perfect toe-touch with the aid of a springboard.



After the Chesterton game, Tom Campbell swings out at a Victory Dance sponsored by GAA.



GAA sophomores battle the juniors in an after-school tournament.



HOME-EC CLUB OFFICERS--
SEATED: M. Nelson, Secretary; K. Grscovic, President. STANDING: L. Kazlauski, Treasurer; Mrs. Phipps, sponsor; C. Boling, Vice-President.



PHOTOGRAPHY CLUB OFFICERS--
J. Dust, President; D. Eggerding, Treasurer; Mr. Baez, Sponsor; P. Eggerding, Vice-President. Not Pictured: E. Brock, Secretary.

Homemaking and Picture Taking



Linda Kazlauski uses "elbow grease" to refinish a table.



Mr. Baez discusses the Photography Club's charter.

Under the guidance of Mrs. Phipps, home economics teacher, the Home-Ec Club met once a week to investigate the various aspects of homemaking, including cooking and sewing. The club conducted several projects during the year, among them a money-raising bake sale held in the fall, the production of Christmas candles, and a field trip to Chicago. Members of the Home Economics Club also held a party for one of the wards at Beatty Memorial Hospital in Westville.

With a helping hand from Mr. Johnson the Photography Club, sponsored by Mr. Baez, began meeting in a cubicle in the home economics area during the second semester of this year. Due to the lack of space, membership was limited until suitable space to accommodate the basic equipment was acquired. When the club found a new "home," the membership was increased, and the many different techniques of photography were taught to new members.

Hi-Y "Ushers" Services to VHS



HI-Y OFFICERS-- FIRST ROW: B. Schuure, Vice-President; J. Looman, Chaplain; J. Miller, Secretary-Treasurer; Mr. Miller, Spon-

sor. SECOND ROW: R. Ayles, Sergeant-at-Arms; C. Pool, President; Mr. Ridenour, Sponsor.



HI-Y USHERS--FIRST ROW: J. Looman, S. Malasto, J. Barkley, R. Pool. SECOND ROW: K. Nailieux, D. Wiesjahn, M. Thomas, B.

Anderson. THIRD ROW: M. Watts, R. Underwood, R. Leaming, R. Ayles.

As usual, the Hi-Y, one of VHS's service clubs, continued to do good things for the school. Under the direction of Chip Pool, President, and Mr. Miller and Mr. Ridenour, sponsors, club members strived to make 1969-1970 a more fulfilling year for Hi-Y members. The club continued its tradition of supplying ushers for the basketball games. These ushers handed out programs and made sure that the chaos was kept to a minimum. In December, the Hi-Y sponsored the annual Christmas Dance. The club members also initiated a few after-game festivities during the year. In the spring was the traditional Hi-Y vs Faculty basketball game which provided hilarious entertainment for the audience, and the proceeds of the game were given to charity. This year the Hi-Y sent delegates to Manchester School in Indianapolis for a meeting of Indiana's Hi-Y clubs.



President Chip Pool conducts a serious Hi-Y meeting.



Interesting observations are made during discussions following outings.



Highlighting the year was a trip to WLS-TV in Chicago.

Curiosity for Current Events



A new addition to the extra curricular program this year was the Current Events Club, sponsored by Mrs. Baumann. The club got off to a great start in December when its members visited a television station in Chicago. Later on in the year, the club visited Valparaiso's Mayor Billings to get acquainted with the specific problems of our city. When the members returned from each field trip, they discussed what they had learned and assessed the benefits of the trip. For instance, after seeing air pollution "in action" at Bethlehem Steel, the members understood this environmental problem more clearly, and were able to discuss some possible preventive methods. The Current Events Club's purpose is not just to sit in a classroom and talk of problems, but to get out of the classroom and witness some of the events of today.

CURRENT EVENTS CLUB OFFICERS--Mrs. Baumann, Sponsor; J. Neeley, President; M. Fandl,

Vice-President; B. Burey, Secretary-Treasurer.

NHS Is Valuable Asset to VHS

This year the National Honor Society, sponsored by Mr. Maiers, began its services to VHS before the school year even started. During the week preceding the opening of school, used textbooks were sold by members of NHS. The sales were enormous, and a small profit on each book greatly increased the Society's funds for use in its future projects. In December, the faculty chose new NHS members, based on points for scholarship, leadership, character, and service. Also in December, the National Honor Society conducted a repeat of last year's "Mr. Santa Claus" contest. Students voted for their favorite teacher, from a "court" composed of Mr. Murphy, Mr. Stanier, Mr. Toming, and Mr. Ciciora. Proceeds from the contest were given to the retarded children of Porter County.



NHS OLD MEMBERS--FRONT ROW: V. Gathmann, K. Robinson, C. Gast, J. Shauer, C. Casbon. SECOND ROW: C. Asher, N. Parker, B.

Krekeler, M. Koday, J. Hill. THIRD ROW: B. Conkling, K. Gehring, G. Moorhead, S. Kretzmann, G. Pulianas, V. Clark.



During an "emergency" NHS meeting, Joe Hill and Mark Koday learn of the process of electing new members.



Linda Keefe and Debbie Braitwaite receive their NHS ribbons from Chuck Asher.



NHS NEW MEMBERS--BOTTOM ROW: T. Lochmandy, K. Mundy, P. Weidman, M. Powell, G. Pulianas, L. Keefe, B. Lembke. **SECOND ROW:** M. Forbes, P. Oliver, S. Bretscher, R. Steele, N. Rosscup, G. Meyers. **THIRD ROW:** G. Mortimer, E. Eldridge, A. Barber, D.

Moser, J. Neeley, J. Phillips. **FOURTH ROW:** C. Strietelmeier, K. Roscoe, B. Hahn, B. Harmon, C. Sacks, D. Braithwaite, L. Moore. **TOPROW:** C. J. Heckman, S. Schafer, J. Roscoe, R. Cox, M. Neander, W. Miller.



Cheryl Gast makes an induction speech for the NHS induction.



NHS OFFICERS-- M. Koday, Vice-President; J. Looman, Treasurer;

B. Krekeler, Secretary; Mr. Mairers, Sponsor; C. Gast, President.



Santa Murphy gives away his "presents" to faculty and students.



Senior girls can be identified by their flowers at the last home game.



The girls' Cape Section anxiously awaits a basket.

Pep Club Has Year of Changes



"Mustang" Nadine Kassanits and "Viking" Sue Bauer stand in silent confrontation before the senior skit.



The Pep Club bonfire drew a crowd of 300 to Rotary Field.

Pep Club, under the leadership of President Jackie Gray, got off to a booming start this year. They held the traditional pre-school bake sales and paper drives, but the first "big" Pep Club activity of the school year was the Homecoming Spirit Week. The mounting excitement of the undefeated football season led to numerous Pep Club activities: first-game bonfires, after-game victory dances, and team-honoring pep sessions. Two innovations were brought into the basketball season: the wearing of green-and-white capes by the girls' section and the wearing of "Big V" hard hats by the boys' section. Pep Club also initiated the Mr. Legs Contest, where VHS students were allowed to vote for the basketball player with the nicest legs. The various "Sport Heads" made sure that sports besides football and basketball were not neglected by hanging signs urging attendance at meets.



PEP CLUB OFFICERS-- FIRST ROW: A. Baker, Girls' Vice-President; J. Shauer, Girls' Secretary; D. Clifford, Boys' President. SECOND ROW: D. Maas, Boys' Vice-President; J. Gray, Girls' President; Mrs. Leetz, Sponsor; T. Grant, Boys' Secretary. THIRD ROW: C. Stinchfield, Boys' Treasurer; L. Starkey, Girls' Treasurer; Mr. Scott, Sponsor.



Ken Dowdell and the Pep Band lead the "Snake" on Senior Spirit Day.



Debbie Edwards, football sporthead, tapes a spirit banner to the pep bus.



Warm fall nights helped keep the spirit high at football games.

Chemical and Physical Studies

Although small, the Science Club played an important part in the lives of students with potential scientific ability. The purpose of the club is to present outside information about science and the fields connected with science. At nearly every meeting one of the club members presented an experiment which was discussed in detail by everyone present. If any questions arose that couldn't be answered, the members and sponsors searched for the answers, to be presented at the next meeting. Besides conducting experiments, the Science Club also saw films, read scientific journals, took field trips, and visited the Museum of Science and Industry in Chicago. Members of the VHS science department, Mr. Rigg, Mr. Tsoutsouris, Mr. Foglesong, and Mr. Vinson, were the sponsors of the club.



SCIENCE CLUB OFFICERS-- C. Sacks, President; Mr. Foglesong, Sponsor; S. Moore, Vice-President; Mr. Vinson, Sponsor; P. Oliver, Secretary-Treasurer; Mr. Tsoutsouris, Sponsor.



Members of the Science Club aided each other with club "experiments."



Cliff Sacks explains molecular structure to fellow Science Club members.



Phil Eggerding and Brian Harmon experiment with a molecular model.



STUDENT NURSES--FRONT ROW: K. Watt, D. Golando. **SECOND ROW:** M. Fulton. **THIRD ROW:** D. Clifford, K. Anderson. **FOURTH ROW:** P. Proffitt, J. Berg. **FIFTH ROW:** S. Lawrence, D. Lambert, L. Kazlauskis.



OFFICE GIRLS-- FIRST ROW: K. Ziliack, S. Kibble, N. Kassanits, S. Burns. **SECOND ROW:** C. Tiesburg, M. Leasure, M. Miller, D. Bochnicka, D. Bochnicka. **THIRD ROW:** M. Forbes, D. Stipp, P. Clifford, D. Moser, M. Maddock, V. Fidanarik, J. Anderson, L. Starkey, B. Krekeler, J. Meyer.

Service Organizations: Good Deeds!

While working in the guidance office, attendance office, coach's office, or clinic, the service organizations' girls not only saved time and money for VHS, but also learned more about secretarial work or nursing. The office girls relieved Mrs. Douglas, Mrs. Ransom, and Mrs. Stordeur of the trivial, time-consuming duties such as running errands, typing duplicator masters, or running-off the daily attendance sheets. Mr. Sweet also had "helpers" in the coach's office to answer the telephone or type letters, leaving him more time for coaching.

The student nurses aided the school nurse, Mrs. Hildreth, by taking care of ill students on the days that she was away from VHS. The girls "retrieved" books, called parents, and kept the students as calm and comfortable as possible under the circumstances.



GUIDANCE OFFICE & LIBRARIANS -- FIRST ROW: V. Dimwoodie, S. Chambers, A. Moreland, C. Brumm. **SECOND ROW:** A. Knezevich, C. Rader, B. Fairchok, B. Burey. **THIRD ROW:** G. Daly, R. Underwood, W. Gaedtker, S. Zabriski.



STUDENT COUNCIL, SENIORS & CLUB OFFICERS--FIRST ROW: S. Kretzmann, M. Winerman, R. Clifford, R. Leaming, G. Pulianas, J. Hill. SECOND ROW: V. Vandrey, K. Mandy, P. Oliver, B. Krekeler, C. Gast, V. Gathmann, S. Bret-

scher, J. Gray. THIRD ROW: J. Looman, C. Furman, S. Schafer, D. Clendenin, T. Grant, D. Maas. FOURTH ROW: C. Casbon, D. Skinner, J. Appelo, B. Conkling, D. Braithwaite, C. Rader, W. Froberg.



Two "Charles" lead Student Council this year.

Council Takes Part in VHS Changes



At an all-school convocation, Charles Asher swears-in Student Council members.

Student Council President Charles Asher, an experienced leader, sought to involve all members of the VHS student body with the government of the school. The familiar parking problems were solved early in the year by the re-issuance of the green parking permits. A new, presumably fairer method of choosing Student Council representatives was also introduced in the fall. At Christmas-time, the Student Council spread cheer throughout the school by "decking the halls." To gain new and better ideas for the workings of student government, selected members of the Council attended the Inter-City Council, composed of Student Council members from other schools in the area. Non-members were invited to attend Council meetings to air their "gripes," and the Student Court was also continued, thus allowing more student participation in the VHS government.



One of Student Council's projects this year was cleaning the trophy case. Karen Mundy and Jeanette Appelo are willing to help.



Energetic members of the Council this year used their imagination in creating hallway decorations for Christmas.



STUDENT COUNCIL, JUNIORS & SOPHOMORES--FIRST ROW: M. Linkimer, J. Butterfield, P. Zentz, K. Dogan, C. Hart, S. Moore. SECOND ROW: L. Pion, W. Riechard, P. Weidman, S. Asher, D. Steck, G. Pulianas, S. Fleak, S.

Kolefka, R. Ackerman, B. Phipps. THIRD ROW: J. Gee, K. Schramm, A. Barber, M. Schafer, C. Sacks, M. Phillips, C. Steele. FOURTH ROW: I. Bain, C. Adams, P. Niequist, B. Steele, D. Hughes, B. Kelley, S. LaCount, C. Gordon.



STUDENT COUNCIL OFFICERS--FIRST ROW: C. Asher, President; D. Lambert, Treasurer. SECOND ROW: K. Gehring, Secretary; C. Strietelmeier, Vice-President. THIRD ROW: V. Toning, Sponsor; C. Geiss, Sponsor.



V-Teens Bring Cheer to Many

V-Teens commenced their year of service to VHS with a mixing bowl for new members and a formal candlelight induction ceremony. The club's President this year was Barbara Conkling, and Miss Craig was the sponsor. During the fall, the members conducted another "Project Vietnam" drive. Students contributed small items such as toothpaste and shaving cream which were collected, put in "ditty bags," and sent to the soldiers in Vietnam. At the Dessert for Dads program, V-Teens members brought homemade desserts which were served to the fathers, and the leftover desserts were then auctioned-off to the highest bidders. The annual King of Hearts Dance, held in February, provided money for the Heart Fund and entertainment for the VHS students bored by the "post-Christmas vacation lull." The V-Teens also conducted various other money-making projects, from bake sales to paper drives.



V-TEENS OFFICERS-- D. Mohler, Program Chairman; J. Anderson, Secretary; L. Stalbaum, Treasurer;

B. Conkling, President; Miss Craig, Advisor. NOT PICTURED: N. Parker, Vice-President.



Secretary Jody Anderson reads off the list of the eligible voters for the 1970 King of Hearts court.



V-Teens president Barb Conkling "entertains" board members.



Suzanne LaCount and her father hear Mr. Bezek's account of his trip to Europe.



Many V-Teens members created Christmas decorations like this "ornament."

Valenian Mirrors Changes at VHS



VALENIAN EDITORS--SEATED: S. Burns, Narrative Editor; K. Roscoe, Business Manager; D. Skinner, Editor-in-Chief; G. Williamson,

Layout Editor. STANDING: C. Casbon, Photo Editor; Mr. Brown, Advisor; K. Knowlton, Copy Editor; B. Krekelev, Art Editor.

"Elements of Change" was the theme of the 1970 Valenian. Ideas for the yearbook were "born" in the summer of 1969, after the summer supplement had been completed. The editors, the staff members, and Mr. Brown, Valenian advisor, worked closely together from fall to spring to produce a book that would portray the changes and confusion at VHS this year. Since the purpose of a yearbook is to "tell a story," the pictures and copy had to capture the shared feeling of chaos and disjointedness brought about by the "remodeling" of the school. There was also an important change in the Valenian itself--the switch from a 9"x12" book to an 8 1/2"x11" book. As always, it was the hope of the staff to turn out a yearbook that would reflect the mood of the year, and of the VHS student body.



Debi Skinner, Editor, and Mr. Brown, Advisor, must OK all copy.



Linda Stalbaum works diligently on a panel for underclass pictures.



The process for collecting first payment is explained by Karen Roscoe.



Layouts for the senior album must be precision-perfect.

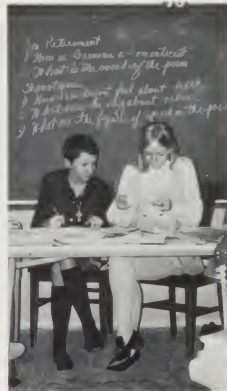


Office Supervisor Debbie Ilgenfritz types a class list.



VALENIAN STAFF--FIRST ROW (seated): B. Jones, G. Meyers, G. Puliamas, L. Stalbaum. **SECOND ROW:** C. Gott, C. Hoyt, C. Free-

man, C. Dodrill. **THIRD ROW:** M. Forbes, J. Bean, Mr. Brown, Advisor, J. Gray, L. Starkey, L. Moore, D. Ilgenfritz, P. Clifford.



Kathy Knowlton and Barb Kreheler consider Opening Section layouts.



Ross Bicknese waits to catch a candid of the choir's Christmas Concert.



Problems, problems! Mrs. Clark solves many Valpost difficulties.

Valpost Strives to be VHS' Voice

Co-Editors-in-Chief Debbie Braithwaite and Scott Schafer took over the task of issuing the Valpost to the students of VHS this year. They attempted to incorporate into the paper the spirit of the changing times--not only the differences of the school but those of the world. Mrs. Katherine Clark, advisor of the Valpost, made sure that the goal of the paper was kept in mind: to be a continuously better paper while informing the students of matters interesting and relevant to them. All the staff members strived to provide accurate and entertaining coverage of the school news. The Valpost also offered a means of expression for both the staff and VHS students through opinion polls and editorials. Members of the Valpost attended journalism seminars at Ball State, Valparaiso University, and Notre Dame in order to issue a better paper for the school.



Larry Gossman receives advice from several well-meaning co-workers.



VALPOST--SEATED: J. Scott, Business Manager; C. Rader, News Editor; D. Braithwaite, Co-editor-in-chief; S. Schafer, Co-editor-in-chief; D. Stipp, Managing Editor. SECOND ROW: R. Cagen, Advertising Manager; Mrs. Clark, Advisor;

K. Mundy, Feature Editor; P. Stoerck, Photographer; G. Pullanas, Sports Editor; C. Sacks, Circulation Manager; W. Froberg, Advertising. THIRD ROW: D. Thiesen, Photographer; J. Hill, Assistant Sports Editor.



Valpost reporters work together on their assignments, exchanging ideas.



Scott Shafer consults with Mrs. Clark on an editorial policy.



Debbie Braithwaite and Mrs. Clark consider a possible Valpost layout.



VICA member Rex Aytes helped repair this bicycle which will be given to some deserving youngster.



Mr. Pollock reads to VICA members from an industrial journal.



VICA President Ray Gast presides over a vocational discussion.

VICA Benefits School, Community

VICA members once again offered their services to VHS and the community this year. Mr. Pollock, sponsor of the Valparaiso chapter of the Vocational Industrial Clubs of America, guided students interested in a possible vocational career through many worthwhile projects. In the fall, VICA members co-operated with the Student Council's "parking crusade" by painting the white and yellow guidelines in the parking lots. The club also constructed the much-needed trash containers for the football field. A favorite task of VICA members was to repair toys, to be given as Christmas presents to the needy children of Valparaiso. During the VICA meetings, the members discussed industrial orientated topics such as the functions of labor and management, current labor problems, and the operation of various machines. They kept up with all the latest industrial information by reading vocational books, pamphlets, and magazines.



VICA OFFICERS-- R. Aytes, Sergeant-at-Arms; B. Kotys, Secretary; D. Anderson, Vice-President; R. Gast, President; M. Wade, Treasurer; D. Clendenin, Student Council Representative; Mr. Pollock, Sponsor.

Making "Moves" and "Movies"



CHESS CLUB OFFICERS - D. Go-
lardo, Treasurer; J. Uban, Presi-
dent; Mr. Baez, Sponsor, G. Daly,

Vice-President; W. Fairchok, Sec-
retary.



PROJECTIONISTS -- John Dust,
Gerald Adams, Cliff Sacks, Mr.
Rigg, Sponsor, Bill Kotys, Ron
Hill.

Members of the newly-formed Chess Club held meetings at least twice a month. The purpose of the club, sponsored by Mr. Baez, was to teach beginners the rules and basic moves, to help "veterans" to play a better game, and to provide partners for members. The game was played at meetings and during lunch hours, and a Chess Tournament was held for club members and interested non-mem-
bers.

Although the Projectionists Club was small, its members performed a valuable service to VHS through-
out the year. They met in the li-
brary every other Tuesday night to inspect, clean, and repair the audio-visual equipment. The pro-
jectionists, under the guidance of Mr. Rigg, also operated the video-
tape machine, which makes "movies" of athletic events or classroom activities.



Tom Daly and Millie Powell contem-
plate moves at a Chess Club meeting.

Christmas Dance: Blissful Eve

"Santa Claus" greeted the couples attending the annual Hi-Y Christmas Dance held on December 20. The jolly man handed out bids and candy canes to each duo entering Boucher Gym. Under the leadership of dance chairman Mark Watts and decorations chairman Jack Barkley, the gym was transformed into a winter wonderland complete with "snow," sleighs, decorated Christmas trees, and Santas. Entranced couples wandered around the dance floor gazing at the yuletide decorations, exchanging cheerful greetings, and often dancing to the music of a Gary band, the "Syrup." Many people chose to sit at the tables in order to rest and enjoy punch and cookies prepared by the refreshment committee, headed by Jim Eason. At eleven o'clock the dance ended and couples drifted into the wintry night; their heads filled with visions of "Momentary Bliss."



Couples pause before they enter the "Momentary Bliss."



Smile...and think of a white Christmas!



The "Syrup" provided the "jams" for the Christmas Dance.



A tree with all the trimmings provides a Christmas-y atmosphere.



Jeff Butterfield and Mike Thomas inspect Santa's basket of goodies.



Many couples enjoyed refreshment and conversation at the tables.



Kristin Gehring and Tom Largura let the Christmas spirit soak-in.



"Thomasina" Grant ran for Homecoming Queen for VHS's senior skit. Escort was "Joe" Stokes.



Homecoming Is "Out of This World"



Susanne LaCount traces Cheryl Gast's profile for the silhouettes.

Everyone "got into the act" of the Homecoming festivities this year by participating in "Spirit Week" antics. On Homecoming day, the traditional mock football game was presented, complete with a "Homecoming Court" composed of seven senior boys. At the end of the pep session, the "Spirit Stick" was awarded to the jubilant seniors, the group displaying the most enthusiasm during Spirit Week. Valparaiso's tense 14-13 victory over Munster helped make the Homecoming Dance a happy affair. Nearly 200 couples entered Boucher Gym, which was decorated with moons, stars, and suns to emphasize the theme of "Out of This World." At eleven o'clock, Linda Clifford was crowned 1969 Homecoming Queen, and Vicki Gathmann became Princess, climaxing a week of excitement and anticipation.



HOMECOMING COURT--FRONT
ROW: B. Krekeler, C. Gast, J.
Stokes. BACK ROW: B. Conkling,
L. Clifford, L. Conover, V. Gath-
mann.



Linda Clifford, Queen

Vicki Gathmann, Princess
Cheryl Gast



Barbara Conkling
Barbara Krekeler



Lee Conover
Joanna Stokes



He Is King of VHS's Hearts



KING OF HEARTS COURT - FRONT ROW: J. Hill, T. Kyrza, R. Swinford, G. Stanton, R. Leaming.

BACK ROW: S. Butterfield, King; Thorgren, Prince.

On February 21 the annual King of Hearts Dance was held. The goal set by V-Teens, the sponsoring organization, was to collect \$200 to be given to the Heart Fund. The theme of the affair was "Hearts for Him," and a new innovation was added--door prizes. The "lovely" surroundings consisted of castles and hearts, and the couples' attention was focused on a bridge placed in the middle of the floor. Everyone danced or just "tuned in" to the sounds of a V.U. band, the "Sounds and Sensations Exhibit." At ten o'clock the previously-elected court consisting of Steve Butterfield, Joe Hill, Tom Krysa, Eric Leaming, Gene Stanton, Ron Swinford, and Bob Thorgren. Bob was announced Prince of Hearts. V-Teens President Barb Conkling then placed the crown on Steve Butterfield's head and bestowed the coronation kiss upon his cheek.



During lunch hours, students were allowed to vote for their favorite guy by placing coins in the Heart Fund banks.





Miss Craig supervises the festivities, as anxious as everyone else for the announcement of the King of Hearts.



The coronation bridge was the center of attraction for couples attending the dance and for watchers in the gym's balconies.



V-Teens President Barb Conkling gives a coronation kiss to the 1970 King of Hearts.



*Especially in sports, we
Shared
The glory of every win, the
Sadness of each defeat.
The elements of change did
Not dampen our
Spirit.
We will never forget...
Compiling the best tennis
Record in VHS's history;
Cross country--
Running across Valparaiso;
Football--
Beating Chesterton and
Everyone else;
Swimming--
Breaking records left and
Right; wrestling--
Straining to complete a pin;
Basketball--
Catching "Hoosier Hysteria"
And keeping the spirit through
A long, but successful
Season.*

ATHLETICS



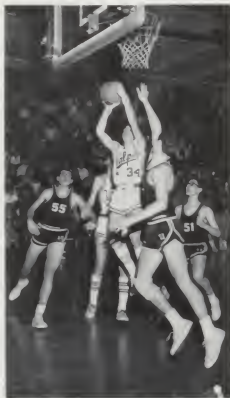
VHS "B-Ball" Fever Is High

Mr. Sweet's Varsity basketball squad played one of the toughest schedules ever, competing with many of the top-rated teams in the state. They ended the season with a record of 14 wins and 5 losses. The Vikes gave several outstanding performances, such as the impressive win over Flaget with a final score of 100-66. Hammond Noll, who whipped us last year, 103-90, saw a Viking revenge of 92-69. During the season the team also suffered five heart-breaking defeats, two of which were to E. C. Roosevelt and E. C. Washington, rated first and fifth in the state. Seniors Joe Hill and Joe Ellis led the team in scoring and rebounding, while Tom Krysa led in assists. The Junior Varsity team also had a great year. Larry Domke broke the rebounding record previously set by Glenn Pulianas and also claimed the Free Throw Trophy.



J. V. BASKETBALL--FRONT ROW:
M. Will, K. McGuire, G. Cooley,
B. Gray, C. Gordon, J. Smith.
BACK ROW: Mr. Ciciora, coach,

M. Schafer, M. Freeman, L.
Domke, R. Harkel, D. Keeffe, J.
Doane, M. Linkimer.



JV man Greg Cooley goes in for a lay-up shot.



The JV players gather around Mr. Ciciora, listening to his pointers.

JUNIOR VARSITY BASKETBALL

VHS	OPP.
62	Portage 43
53	Emerson 43
43	E. Chicago Roosevelt 45
32	Chesterton 40
35	Hammond Clark 42
58	Hammond High 39
	Holiday Tourney
44	Portage 38
46	E. Chicago Roosevelt 49
46	Hammond Tech 56
58	Hammond Morton 37
62	E. Chicago Washington 43
54	LaPorte 39
41	Kokomo Hayworth 66
47	Hobart 42
51	Chicago Marshall 37
49	Hammond Noll 45
64	Emerson 55
70	Gary Roosevelt 60
45	Munster 35
62	Crown Point 48



SOPHOMORE BASKETBALL--
FRONT ROW: S. Eldridge, M. Rip-
ley, B. Gray, B. Hoepfner, R. Tut-
hill, V. Savarese. BACK ROW:

Mr. Toming, coach, E. Sieckman,
W. Mead, L. Starkey, L. Domke,
D. Clark.

SOPHOMORE BASKETBALL

VHS	OPP
32	Chesterton 45
36	Crown Point 58
30	Morgan 28
30	Highland 48
49	Kouts 41
55	Kouts 47
42	Hebron 39
42	Crown Point 52
62	Chesterton 31



A Hobart Brickie tries to wrestle
the ball away from Dan Keeffe.



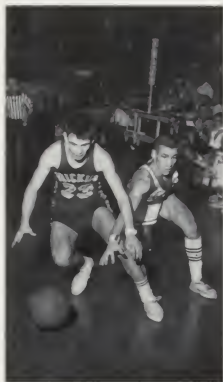
VARSITY BASKETBALL--FRONT ROW: T. Krysa, J. Salberg, M. Frey, G. Pulianas, J. Butterfield,

S. Butterfield. BACK ROW: J. Ellis, T. O'Neill, Mr. Sweet, coach, L. Domke, J. Hill.



Joe Hill goes in for a basket as a Brickie tries to block him.

A Season of "Sweet" Victories



Jeff Salberg reaches under a Hobart player's arm to grab the ball.



Jeff Butterfield leaps into the air to execute a hook shot.



Tom O'Neill tries to stop a Hobart man from making a basket.



It's VHS's ball as Joe Ellis begins to dribble to our end of the court.

VARSITY BASKETBALL

VHS		OPP
79	Portage	67
100	Flaget	66
59	E. C. Roosevelt	73
55	Chesterton	51
95	Hammond Clark	63
73	Hammond High	50
	Lafayette Tourney	
57	Tipton	69
72	Lebanon	89
82	Hammond Tech.	72
92	Hammond Morton	66
80	E. Chi. Washington	81
76	LaPorte	68
63	Kokomo Hayworth	80
64	Hobart	58
68	Chicago Marshall	65
92	Hammond Noll	69
95	Gary Emerson	89
85	Gary Roosevelt	103
71	Munster	55
85	Crown Point	70
	Sectional Tourney	
74	Wheeler	34
62	Chesterton	55
82	Portage	76
	Regional Tourney	
95	Winamac	68
67	Michigan	95



Mr. Sweet gives the team a "pep talk" at time-out.



It seemed like the whole "population" of VHS showed-up at the bonfire held to celebrate the start of the 1969 football season.

"K, for Kick, Kick 'em in the Pit!"

Straight-Arm Cheers for VHS

This summer, all six varsity cheerleaders attended the Smith-Walbridge camp for cheerleaders for one week. They came back determined to win VHS over to the straightarm technique and succeeded to break the tradition of 40 years of round-arm cheering. The "yell leaders" worked energetically throughout the year, not only by persuading fans to participate in the cheers at games, but also by performing several hilarious skits at football and basketball convocations, and by giving a "Breakfast of Champions" on the morning of the Attica game, at which bowls of Wheaties were served. During the summer the girls practiced nearly every day, and met with prospective J.V. cheerleaders twice a week to teach them the VHS cheers. Four girls were chosen in the fall to initiate sophomore spirit at pep assemblies and lead the yells at J.V. games.



"Yell!"



The 1969-70 varsity cheerleaders Lee Conover, Vicki Gathmann, Joanna Stokes, Debby Shook, Laurie Eason, and Linda Clifford.



J. V. CHEERLEADERS-- Kim Koepke, Cari Gumsaulus, Cynthia Schramm, Diane Steck, Judy Hutchison, Sponsor.



"Conquest!" Judy Koepke conquers her fears during J. V. cheerleading tryouts.



CROSS-COUNTRY-- Front row: E. Jankowski, K. McGuire, M. Koday, L. Golando, R. Hannon, T. Dougherty. Second row: D. Prah, R.

Sherrick, J. Fillwock, J. Looman, F. Casey, R. Casbon, J. O'Keefe, J. Noonan. Back row: E. Edquist, coach. L. Henning, A. McCord,

M. Fandl, F. Rager, J. Hildreth, T. Dalrymple, C. Furman, J. Saltsman, D. Barber, manager.

Harriers Gallop to Winning Season

Coach Edquist's cross-country team ended the '69 season with a record of 8 wins and 7 losses. To keep in shape for the "big meets," the harriers, as they ran through the streets of Valparaiso, averaged five or six miles a day. There were also practices at Ogden Gardens, where Mr. Edquist had his team perform calisthenics, jump hurdles, and compete with each other in sprints and relays. In the important meets, the VHS cross-country team showed great ability due to team encouragement and skills of individual runners. Outstanding members of the team were returning lettermen Jim Looman, Chuck Furman, and John Noonan, who received trophies instead of "V's." Runners receiving Varsity letters were John Fillwock, Frank Casey, Tony Dalrymple, Mike Fandl, and Jack Hildreth.



Practices for the cross-country team, for whom the running of long miles was a daily occurrence, were held at Ogden Gardens.



Muscles strained, teeth clenched, Mike Fandl and Charlie Furman demonstrate their intense efforts during a practice.

VARSITY CROSS COUNTRY

VHS		OPP
34	Michigan City	23
27	Bishop Noll	28
34	LaPorte	21
39	Ft. Wayne N. Side	22
25	Hammond Gavit	35
16	Hammond Tech	47
15	E.C. Roosevelt	50
24	Hammond Clark	34
15	Whiting	50
46	Chesterton	16
23	Hammond Morton	33
16	E.C. Washington	44
39	Hobart	20
34	Gary Roosevelt	24
30	Hammond High	25



It's neck-and-neck in the race between Ed Jankowski and Rusty Sherrick.



1969 Football Team Undefeated!

For the second time in VHS history, the Varsity football squad achieved an undefeated season. Led by coaches Stokes, Stanier, and Rhoda, the 1969 gridders beat every team that challenged them, ending up with a 10-0 record. The most thrilling games of the season were the Homecoming game, where Valpo beat Munster, 14-13, and the 10-6 victory over Chesterton. Leading the Vikes in scoring were seniors Jack Barkley and Rick Underwood, junior Tom Griffith, and sophomore Chuck Wellsand. Ron Swinford claimed the Tackling Trophy, and Jeff Butterfield won the Star Award. The Junior Varsity team, coached by Mr. Reggie and Mr. Murphy, also "did VHS proud" with a season of 7 wins and 1 loss. Outstanding players were Dave Miller, who won the J. V. Tackling Trophy, and Jim Doane and Bob Gray, who received Star Awards.



After catching a long pass, Jim Doane fends off a vicious Crown Point Bulldog.



J. V. FOOTBALL--BOTTOM ROW: S. Reggie, coach, S. Bond, V. Savarese, L. Yazel, S. Eldridge, F. Belaschky, F. Miller, C. Gordon, P. Murphy, coach, D. Wasemann, coach. **SECOND ROW:** D. Clark, J.

Dykes, J. Kornblith, C. Steele, J. Gee, D. Casey, M. Will, T. Cannon, M. Zell, B. Gray. **THIRD ROW:** J. Smith, S. Moser, K. Lansdowne, G. Howell, M. Linkimer, W. Mead, J. Wasemann, E.

Siechman, M. Finley, J. Smith. **TOP ROW:** G. Hills, L. Starkey, J. Doane, J. Loudon, R. Harkel, J. Maynard, M. Freeman, D. O'Keefe, M. Falls, J. Miller, J. Wiencken.



VARSITY FOOTBALL -- FRONT ROW: P. Wampler, W. Schiure, J. Eason, C. Stinchfield, J. Webb, R. Underwood, D. Nielsen, R. Armalavage, P. Sachtleben. SECOND ROW: G. Pulianas, R. Rough, R. Swinford, G. Stanton, M. Moser, B. Miller, D. Deal, G. Frogge, B. Miller, W. Phillips, J. Butterfield.
*Tom Griffiths

THIRD ROW: M. Wade, C. Nightingale, D. Schoenfelt, R. Smith, J. Miller, J. Barkley, B. Lansdowne, S. Butterfield, D. Dick, C. Well-sand, M. Brown. FOURTH ROW: L. Evans, J. Laughery, R. Ayles, T. Krysa, M. Watts, D. Hughes, C. Robinson, D. Clifford, T. Kruse, J.

Roscoe, R. Zandi, L. Domke. TOP ROW: R. Rhoda, coach, T. Stokes, coach, C. Stanier, coach, D. Soliday, R. Siddall, R. Laughery, J. Delmarico, G. Buck, J. Belaschky, W. Kelley, L. Piechocki, S. Moser, K. Naillieux, J. Fero, S. Reggie, coach, P. Murphy, coach.



The Vikings charge out of the dressing room to conquer another team.



Mr. Doane and Mr. Stokes congratulate All-State Center Steve Butterfield.



Tensions reigns as the Vikings stand in formation, ready to run a winning play against Lew Wallace.



Mr. Stanier aids Coach Stokes by handing out awards to the outstanding team.

Stokes' Team Power Pulls Through



At a special convocation honoring the 1969 Football Team, Mayor Bryce Billings gives the "key to the city" to Coach Stokes.



Pre-game warm-ups give J.V. players a good start.



Jack Barkley, high-point man for the Vikes, pushed toward another TD.

VARSITY FOOTBALL

VHS		OPP
40	Lew Wallace	2
35	Hammond Gavit	0
27	Gary Roosevelt	8
10	Chesterton	6
31	E. C. Washington	26
61	Attica	7
14	Munster	13
35	Portage	0
27	Hobart	0
54	Plymouth	0

JUNIOR VARSITY FOOTBALL

VHS		OPP
20	Portage	6
14	Highland	0
34	River Forest	6
20	Chesterton	22
14	Michigan City	12
19	Hammond High	0
26	Lake Central	6
37	Crown Point	0



Little did the Vikings know on this first day of practice that their season would go down in history.

Intramural B-Ball Still Favored

Mr. Ellis recruited seventy-seven boys to play on the eight intramural basketball teams this year. Games were played twice a week, on Thursday evenings and Saturday afternoons, from the first of December until the first of March. Captains were chosen for the teams at the start of the season. The captains were: Bill Schnure, Jack Barkley, Dick Clifford, Mike Wade, Kevin Naillieux, Kim Dean, John Laughery, and Mark Knauff. A tournament between all eight teams was held at the end of the season. The purpose of the intramural basketball program, which enjoyed its eleventh season this year, is to give the boys that are unable to get on the other VHS basketball squads a chance to play basketball. The games also promote sportsmanship and team spirit. Again, Mr. Ellis was assisted by Valparaiso University students who acted as referees.



A V. U. ref tosses the globe in the air for the jump ball.



"Number 0" prepares to sink one for his team.



Mike Prochno takes a chance with a far-away shot.



Players crowd under the basket to catch the rebound.



An over-the-rail look at the intra-mural squad.



Mark Winerman dribbles past his opponent on the way to another basket.





J. V. SWIMMING--Mr. Bird, coach, J. Lowenstine, A. McCord, R. Bicknese, B. Glasser, R. Steele.

The VHS swim team, coached by Skip Bird and co-captained by Barth Anderson and Paul Bretscher, completed a highly successful season. They sported a record of 19 wins and 2 losses, and both of these losses were close contests. With this record-breaking season for the tankers, several trophies were added to the collection. One award was won for winning the most dual meets in the Western Alliance, and another trophy was gained by winning the Western Alliance Swim Tourney. A third trophy was awarded the Vikes for winning the Munster Relays. The Vikes won a sweeping victory at Sectionals in LaPorte, scoring 88 points out of a possible 136. Ten Vikes qualified for the state meet, where C. J. Heckman and Paul Bretscher both set new VHS records. C. J. placed fourth in the backstroke with a time of :58.0. Paul placed fourth in the butterfly with a time of :55.7.

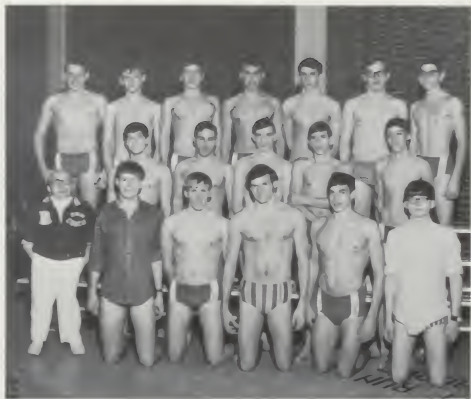
Tankers Were Record Breakers



C. J. Heckman and Paul Bretscher strengthen their legs, using kickboards.

Varsity Swimming

VHS		OPP
47	Munster	48
56	Hammond Tech	39
56	LaPorte	39
46	Penn Township	49
69	Mishawaka	22
60	Whiting	34
69	Hammond Morton	43
52	Griffith	42
49	Lafayette Jeff	46
49	Highland	43
51	Hammond High	42
64	S. Bend Washington	31
56 1/2	Chesterton	38 1/2
77	Portage	18
69	Michigan City	18
51	Bishop Noll	44

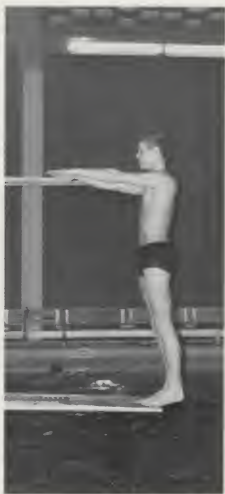


VARSITY SWIMMING--FRONT ROW: Mr. Bird, coach, C. Hart, M. Hillila, R. Leaming, P. Bretscher, J. Neeley. **SECOND ROW:** R. Stoner, D. Hughes, G. Turpin, J. Trost, J.

Clark. BACK ROW: R. Ransom, M. LaBrie, J. Carter, B. Anderson, C.J. Heckman, J. Dust, D. Clendenin.



Chris Weis cups his hands to receive Mr. Bird's famous jellybeans.



Roger Deuring gets "psyched up" for a difficult dive.



Tennis Team in Winning "Racket"

Under the guidance of first-year coach Vendo Toming, the VHS tennis team "swung" their way to the best record in the history of tennis at VHS. Beginning the season with a six-game losing streak, the net-ters went on to compile a record of 10 wins and 6 losses. They brought trophies home from the Sectionals held at Gilroy Field in Gary, and from the Conference game at Hobart. Returning lettermen John Kruger and Doug Thiesen, with 31 1/2 and 31 points respectively, led the Vikes in scoring. Other Varsity letter winners were Rick Bond, Bill Shideler, Bill Masters, Arleigh Johnsen, Bob Stoner, Irwin Bain, and Gary Naillieux. John Kruger proved that tennis is not a harmless sport when he lost a tooth as a result of a wild blow from a tennis racket, and had to be treated by Dr. Shideler, honorary team physician.



VARSITY TENNIS: R. Cagen, R. Kashner, D. Dauberman, D. Thiesen, R. Bond, W. Shideler, I. Bain, W. Masters. Back Row: V. Toming, coach, J. Kruger, J. Johnson.



Rick Bond prepares to serve against his Chesterton opponent.



Doug Thiesen shows-off his back-hand swing.



Will ball and racket contact?



Rick Bond reaches high into the air to slam the ball across the net.

VARSITY TENNIS

VHS		OPP
1	Griffith	4
1	Crown Point	4
0	Hammond	5
0	LaPorte	7
1	Hammond Gavitt	4
1	Highland	4
Won	Whiting	Forfeit
3	Hammond Morton	2
4	Hammond Clark	1
5	Michigan City	4
4	E. C. Roosevelt	1
3	Portage	2
4	Hammond Tech	1
3	Chesterton	2
5	Hobart	0
5	E. C. Washington	0

Sectional: Tie for championship

Conference: Tie for championship



Varsity matman Bill Kotys strains to perform an escape maneuver.



VARSITY WRESTLING -- FIRST ROW: J. Harvil, manager, B. Kotys, D. Soliday, manager. **SECOND ROW:** W. Philips, J. Louden, J. Webb, B. Lansdowne. **THIRD ROW:** Mr. Reg-

gie, coach, L. Golando, J. O'Keefe, S. Adgate, K. Rhynard, Mr. Stanier, coach. **FOURTH ROW:** S. Smith, L. Evans, D. Schoenfelt, J. Washler, M. Koday

Matmen Wrestle Tough Season



Steve Adgate works to pin his Han-over Central opponent.



Jim Belaschky helps Dennis Schoenfelt loosen up before a meet.

Coached by Mr. Reggie and Mr. Stanier, the Varsity wrestlers compiled a record of four wins and six losses this year. Although this was not their best season, the VHS matmen did achieve some outstanding successes. At the Twin Lakes Invitational, Viking grapplers came in a close second. Denny Schoenfelt, Bill Kotys, and John Webb received firsts at this meet. Webb also earned a first place at the Duneland Conference meet, and Schoenfelt placed second in the Sectionals at the end of the season. Pinning trophies were awarded to John Webb and Denny Schoenfelt. Denny also received the most take-downs. The Junior Varsity wrestlers also had a rough season, ending with a 3-1-5 record. Awarded pinning trophies were Mike Finley and Kevin McGuire. Kevin also took home the trophy for the most take-downs.



The ref checks Will Philips' pinning combination.



J. V. WRESTLING--FIRST ROW: R. Casbon, D. Witmer, B. Nelson, F. Belaschky. SECONDROW: A. Johnson, G. Hills. THIRD ROW: Mr. Reggie, coach, D. Trapp, K. Mc-

Guire; D. Prah, Mr. Stanier, coach. FOURTH ROW: R. Roberts, J. Belaschky, G. Steindler, G. Howell, M. Siebert, M. Finley.

VARSITY WRESTLING

VHS		OPP
18	Crown Point	29
6	Munster	42
30	Michigan City	20
27	E. C. Washington	20
16	Hammond High	30
5	Gary Roosevelt	38
36	Hannover Central	16
29	River Forest	18
3	Hobart	39
16	Chesterton	33

JUNIOR VARSITY WRESTLING

VHS		OPP
21	Crown Point	21
20	Munster	40
41	Michigan City	8
20	E. C. Washington	31
13	Hammond High	37
3	Gary Roosevelt	30
39	Hannover Central	8
3	Hobart	40
24	Chesterton	19



Mr. Stainer watches his wrestlers' "sit-up styles."

*The backbone of VHS is
Formed by its
Courses,
And their purpose--to educate,
Should be remembered...
Creating works of
Art;
Perfecting a band ensemble;
Singing at contest and
Concerts;
Preparing for a business
Career;
Learning to drive;
Composing themes and making
Speeches;
Cooking and sewing with ease;
Speaking foreign languages;
Solving equations;
Experimenting;
Operating massive machines;
Collecting court cases;
Investing stocks; and
Choosing one's own
Vocation.*

ACADEMICS





An art student's uncle explains the rewards of a future in sign painting.



Chris McShane, Burt Harter, and Larry Gossman combine talents.

Art Course Awakens Creative Minds

Mr. Cain helped the students in his art classes expand their scopes of knowledge in many ways this year. In November, the students journeyed to Chicago to visit the Chicago Art Institute, which was showing a special Rembrandt display, and to tour a commercial art school. Also in November was the VHS production of "Bye Bye Birdie." Burt Harter designed the scenery for the musical, Mr. Gast built it, and the art classes painted it. In the spring, the young artists were allowed to display their works at an art exhibit in conjunction with March Madness. The display case in the cafeteria was also in use throughout the year to keep VHS informed on the activities of the art classes. Mr. Cain taught the same principles and techniques to both beginning and advanced "artists," such as painting, sculpture, and crafts, but the advanced students explored these areas further.



A toothsome Halloween pumpkin is carved by Abby Baker.



Alice Knezevich scrapes away at rock material to form her version of the "Tiki God."



Spla-a-a-t! One of Mr. Cain's popular project assignments was the making of these psychedelic pinwheels.



Keila Robinson applies finishing touches to her tempera painting.



Abstract wire sculptures are popular projects for the art classes. Robin Hiser is stapling her "clown."

Three Bands Directed to Perfection

Mr. Robert Miller kept his huge "band family" well occupied throughout the year. This fall, the Marching Vikings could be seen in action nearly every day on the football field, practicing for the half-time shows at VHS home games. As a result of much practice, keen competition for a "chair," and conscientious direction, the VHS concert band also kept up its excellent standards. The annual Ham Dinner was held in the fall at the T. J. cafetorium to raise funds for the band. On December tenth, the concert band performed with the choir at the Christmas Concert, and performed alone at the Spring Concert. Second semester, the entire band attended the NISBOVA and State Band contests. The little-mentioned, independent pep band inspired VHS spirit by being heard at pep sessions and football and basketball games.



BAND OFFICERS--FIRST ROW: Mr. Miller, Director; D. Mohler, Point Chairman; M. Morris, Librarian; B. Hart, Secretary-Treasurer. **SECOND ROW:** D. Dauberman, Property Man; B. Ringger,

President; D. Beach, Property Man. **THIRD ROW:** L. Dipert, Librarian; K. Dowdell, Vice-President; T. Miller, Property Man; J. Scott, Publicity.



BAND--FIRST ROW: W. Froberg, K. Steder, M. Morris, S. Darnell, C. Adams, M. Powell, B. Conkling, A. Meyerowitz, G. Moorehead, J. Newell. **SECOND ROW:** B. Beach, D. Dauberman, J. Makovsky, D. Mohler, P. Neuschaefer, L. Dipert, M. Hillila, M. Phillips, J. Hawkins, M. Babcock, C. Tuesberg, K. Anderson, M. Schane, J. Phil-

lips, S. Carlson, **THIRD ROW:** P. Morphis, G. Shewan, S. Holst, M. Siebert, P. Niequist, B. Ludington, D. Fritts, D. Pflughaupt, L. Bailey, D. Whalls, C. Casbon, B. Hart, S. Adgate, D. Hart, R. Casbon, D. Spiller, C. Krieger, M. Felten, E. Shewen, R. Miller, J. Kashner, N. Tracy, S. Moser. **FOURTH ROW:** D. Nowlin, M. Ripley, D. Graham,

J. Boehlke, N. McEnterfer, A. Johnsen, J. Dobbins, B. Ringger, D. Harmon, N. Hasse, B. Harmon, B. Thorgren, J. Uban, T. Miller. **FIFTH ROW:** D. Thiesen, J. Scott, G. Brown, D. Beach, K. Dowdell, M. Dust, L. Ellis, E. Morris, R. Miller, Director. Not pictured: R. Saunders.



Debbie Braithwaite, majorette for the Marching Vikings, exhibits her twirling style.



PEP BAND-- FIRST ROW: J. Scott, G. Brown, D. Beach, K. Dowdell. SECOND ROW: N. Tracy, S. Moser, R. Miller, J. Kashner.

THIRD ROW: B. Ringger, D. Harmon, G. Moorhead, S. Adgate. FOURTH ROW: T. Miller, J. Urban, D. Dauberman, G. Shewan.



Millie Powell devotes hours of practice on the oboe to retain her seat in the band.

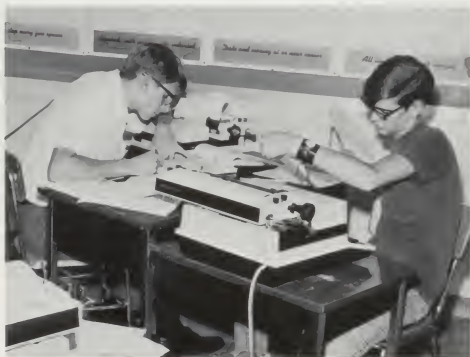


Linda Quintero found that the secretarial lab required intense concentration.



Shorthand tests require intense, brain-wracking concentration.

Learn Secrets of Business Success



Tom Campbell and Craig Lawrence prove that females don't hold a monopoly on secretarial interests.

Varied business education courses offered at VHS prepare students for college as well as for future careers. Personal typing was useful to college-bound students who are required to type lengthy term papers. Shorthand was taken by perspective secretaries and by students wanting a faster note-taking method. The advanced typing course, which centered efforts on speed and accuracy, interested mainly the career-bound person. Bookkeeping classes explored the complicated business of accounting, while the business law course gave students knowledge of the difficult process of securing legal documents and contracts. In the salesmanship classes, students learned the rights and wrongs of delivering a sales pitch. Once again the intensive, two hour secretarial lab was offered to students definitely planning a career in business.



Ginger Detleford and Linda Donike confer over a problem in bookkeeping class.



Mr. Maitlen aids Nancy Cleveland with a bookkeeping exercise.



Mr. Rohm explains the parts of the machine to a beginning typist.



"Keep your eyes off the keys!" Mr. Rohm "spies" on his students from the back of the room.

Choir Performs for Public, Judges

Under the direction of Mr. Bernard Butt, the VHS choir maintained a busy schedule this year, beginning with the October 21 Fall Concert. Then came the hectic Christmas season, with a rapid succession of benefit performances and the December 10 Christmas Concert. On January 31, various members of the choir attended the Solo-Ensemble Contest, and some of them qualified to go on to the February 21 State Solo-Ensemble Contest. The entire choir, including girls' and boys' glee clubs, took part in the High School Choir Contest held on April 18. Highlighting the spring term were the Spring Concert and the annual seniors' trip to Chicago to see a play.

Even though the Carolers had their own full-hour class, they were considered a part of the choir. Thus, they were kept busy all year with both choir and Caroler engagements.



CAROLERS--FRONT: D. Beach, D. Ilgenfritz, M. Lampl, D. Maple, R. Stoner, J. Sommers, G. Daniels, K. Mundy, M. Felten, B. Lembke, A. Barber, C. Kotefka. **BACK ROW:** M. Fa-

bing, L. Conover, J. Nuland, D. Skinner, N. Tracy, V. Gathmann, J. Mortimer, K. Knoulton, M. Labrie, S. Soliday, S. Schafer, L. Clifford, D. Thiesen.



Choir members practice a number for the Fall Concert.



GLEE CLUB--BOTTOM ROW: C. Miller, C. Brumm, C. Richart, C. Hoback, G. Scheller, W. Reichard, D. Naillieux, G. Linton, B. Dommer, R. Lindberg, R. Ackerman, N. Jones, S. Cotterman, N. O'Brien, M. Keen, B. McDaniels. **SECOND ROW:** S. Milson, A. Polite, M. Bretscher, K. Hunsberger, V. Smith, B. Thomas, M. Vaughn, L. Green, S. Vogel, S. Evert, C. Honchar, B. Whitman, S. Hutton, P. Guillaum, C. Woycik, R. Tomlinson, J. Koepke. **THIRD ROW:** S.

Beach, P. Woods, B. Albers, E. Phipps, C. Hospers, P. Pope, C. Magers, D. Griffin, M. Tomczak, C. Ward, K. McChristian, N. Houston, J. Vorwald, M. Fulton, K. Pullins, J. Berg. **TOP ROW:** S. Bowman, D. Lamrock, L. Cherry, E. Chapel, C. Cropper, S. Dravininkas, L. Ferguson, M. Tanke, B. Bellowary, W. Babcock, N. Sutherland, R. Resteau, N. Banschbach, A. Izydorek, K. Steinbach, S. Broviak, L. Statts.



CHOIR--FAR LEFT ROW: D. Ilgenfritz, M. Lampl, D. Maple, R. Stoner, J. Somers, G. Daniels, K. Mundy, M. Felten, B. Lembke, A. Barber, S. Bretscher, M. LaBrie, S. Soliday, N. Tracy, V. Gathmann, J. Mortimer, K. Knowlton, J. Nuland, D. Skimmer, D. Beach, C. Kotefka, S. Schafer, L. Conover, M. Fabing, L. Clifford, D. Thiesen. CENTER LEFT ROW: G. Mortimer, S. Adgate, S. Lawrence, S. Bowman, N. Lange, D. Nowlin, K. Anderson, N. Dean, N. Parker, T. Shanahan, C. Vickers, C. Anderson, D. Gilbert, E. Chapel, S. Davis, N. Trapp, C. Aszman, D.

Gast, S. Roberts, B. Butt, Director. CENTER ROWRIGHT: J. Proffit, L. Henning, L. Kneifel, M. Reinhold, C. Newcomb, D. Harvey, H. Tarnow, J. Thompson, T. Woods, R. White, A. McChristian, D. Follis, M. Keen, R. Maxey, R. Miskimins, J. Ohler, G. Rose, A. McCord, J. Babcock, V. Johnson. FAR RIGHT ROW: L. Pion, K. Rogers, M. Holland, P. Girton, J. Harvil, D. Ray, J. Noonan, D. Brobeck, P. Oliver, D. Peterson, P. Guillaum, T. Fryer, F. Casey, L. Anderson, M. Pritchard, P. Carter, K. Murvihill, G. Shewan, L. Miller, B. Hart, E. Brock, K. Gehring.

CHOIR & CAROLER OFFICERS--
BOTTOM ROW: D. Maple, Secretary-Treasurer of Carolers; A. McCord, Vice-President of Choir; D. Brobeck, Librarian. TOP ROW: D. Thiesen, President of Carolers; B. Lembke, President of Choir; K. Mundy, Secretary-Treasurer of Choir.



Sarah Roberts helps Trudi Fryer with her robe, minutes before the Christmas Concert.

Directions for Defensive Driving



Some student drivers never even make it out of the teachers' parking lot.

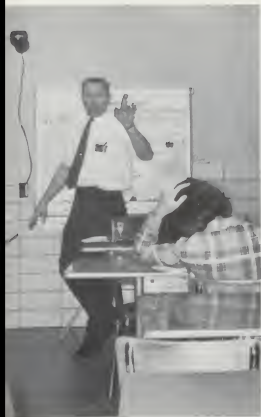
"Death takes no holiday." This maxim was stamped into the minds of the students in Mr. Stokes' driver's training classes. The "Sportsmanlike Driving" textbook instructed future drivers on subjects ranging from starting a car to changing a tire. Besides the discussions, films, and tests given in the classroom, students were "treated" to weekly driving sessions progressing in difficulty from little-traveled country roads to confusing city traffic. The psychological aspects of driving were also covered by discussions concerning the effects of alcohol on the driver's judgment or the mental attitudes of different "types" of drivers. By the end of the semester the graduates of the driver's training classes were, hopefully, prepared to pass the driving examinations given at the License Bureau.



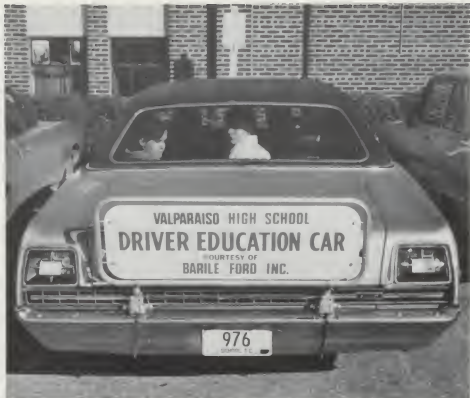
Ken McGuire takes the wheel.



Another driver's training car careens out of the lot.



Mr. Stokes captures the attention of his driver's training class.



Each future motorist holds his breath as the driver executes a difficult parking maneuver.



Mr. Stokes reminds Margie McGill of a cardinal rule of driving: "Watch where you're going!"



A "rookie" driver contributes his portion to Valpo's pollution.



In the back of his room, Mr. Bird "imposes discipline" with a stick.



Miss Shauer points out historical events leading to the Renaissance.

Literary Achievements Stressed



Donna Mohler made this model of a medieval castle for an English report.

VHS's English department provides students with a broad literary and grammatical background. Sophomore English students studied the techniques of world literature. They also were required to build on the basic grammar background provided in the junior highs. The juniors watched the development of American literature and saw how different philosophies, such as Puritanism and existentialism, affected the growth of our country's literature. Again, they reviewed the grammar rules and regulations. Senior literature classes explored the trends in the literature of England, supplementing the information gained from the textbooks and teachers' lectures with oral reports, critiques, and book reports. English composition classes prepared seniors for the great numbers of themes and term papers required by college professors. There were more students than ever taking the speech course this year.



Dorie Higer demonstrates the different parts of bits and bridles to the speech class.



Bob Steele's oral report on F. Scott Fitzgerald captivated the audience.



John Webb wonders about coffee-houses in 17th and 18th century England.



Hand gestures often help in communicating in other languages.

Learning German in the administration building is a challenge.

Learn Speech of Other Nations

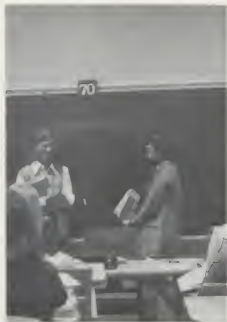
Foreign language teachers this year tried to make their subjects interesting while in the classroom and implemented their effort with outside activities. Mrs. Bowman's sophomore Latin students read from the works of Julius Caesar and completed text book exercises, while advanced Latin pupils pursued the language at greater depths. Spanish students taught by Mr. Geiss wrote passages and gave speeches in that language, and followed the Spanish textbook closely. Besides allowing his students to do the routine French homework, Mr. Geiss also took some of them to Chicago to view the French play, "Joyeux Noel." Mr. Bezek and Mr. Ridenour shared the task of teaching German to VHS students. For the second consecutive year, Mr. Bezek planned his European tour. This summer, he will escort a group of VHS'ers to West Germany and other European countries for sightseeing and some German lessons.



Dianne Graham's and Stephanie Hummel's French topic is clothing.



Joe Kornblith holds up one of the basic materials used in scroll-making.



Cari Whitesell and Kathy Marah carry on a French conversation.



Cindy Bedell and Dave Miller fold and tear the paper for their scrolls.



A colorful pinata spills its contents to the Spanish class.



Mr. Baez points out an error in Spanish grammar to Bill Cinkoski.



Students read health and safety pamphlets issued by the government.



Linda Barkley finds the answer to a health question in her book.

Studying the Arts of Survival



The "wooden skeleton" helped health and safety teachers demonstrate many principles to their students.

To make the required health and safety courses more interesting for the students, Mr. Sweet and Mr. Ciciora employed a variety of visual aids. Throughout the semester, the classes were allowed to delve into the big box of skeleton bones, gaze at parts of a dissected cow, and even try experiments themselves, such as blowing smoke through a tissue to see how much "tar" it would strain. Mr. Sweet required that the traditional notebook be kept by the students for a foolproof means of studying for exams, and Mr. Ciciora asked his students to write a lengthy book report. The aspects of health covered by the classes were problems of physical and mental health, and the effect of alcohol, drugs, and cigarettes on the body. Water safety, about three weeks of automobile safety, and home safety were also covered.



Students gaze at the dummy to remember the functions of the backbone.



Students keep detailed notebooks in Mr. Sweet's health and safety classes.



Mr. Lantz, student teacher for Mr. Sweet, "takes over" a class.



Mr. Steele demonstrates a hinge joint, using Tom O'Neil as a model.



Michelle Thompson cuts the thread after slip-stitching a collar.

Prepares Future Homemakers

The future homemakers of Valparaiso High School pursued a variety of subjects in 1970. Clothing, textiles, interior decorating, home furnishings, foods, nutrition, family and child care, and home nursing were offered to all interested students and taught by Mrs. Phipps. The foods classes always ate the meals they prepared, and often made special occasion lunches for the faculty. Members of the clothing and textile classes put their stylish creations to good use. During the Christmas season, some of the classes supplied extra cheer and good will for many people. One Home-Ec class gave a Christmas party for the folks at the County Home. The children at Vale Day School were delighted by a party sponsored by some students. Also, the children in the Pediatrics Ward at Porter Memorial Hospital received special gifts of sacks containing toys and other goodies collected by home economics students.



Students labor over a special project.



Liz Howard leans close in order to thread a sewing machine.



Cutting out the material is the first step toward making a dress.



For some, sewing comes easily; for others, it takes hours of practice.



Vocational Careers Begin Here



Members of Mr. Gast's pre-vocational metals class set up the castings for foundry work.

The industrial education courses helped students planning careers in carpentry, architecture, or industry. Mr. Gast's woods classes constructed items such as gun racks and candleholders, and one of the projects of his pre-vocational metals classes was to make nameplates for Mrs. Laube's "junior secretaries." The machine drawing classes taught by Mr. Rhoda learned how to make working drawings, assembly drawings, and exploded isometric drawings. Mr. Rhoda's beginning architectural drawing classes studied the fundamentals of house construction, while the advanced drawing classes designed houses and constructed scale models of homes. Mr. Pollock's vocational machine shop course, lasting for three class hours, taught students how to operate the machines and gave them additional knowledge of shop math,



Don Rowland constructs a "ducky" wall plaque.



Larry Ling checks to see that every line of his drawing is proportionate.



*Mr. Pollock helps Marv Holmgren
setup a four jaw independent chuck.*



*Tom Franzen and George Green turn
a project on a metal lathe.*



*Steve Bond employs the circular saw
for a prospective lamp or candle
holder.*

Library a Room for Books, Brains



John Webb makes use of the library's many helpful volumes.

The library was closed to the students for the first few months of school this year. The remodeling work being done at VHS made it necessary to convert the library into a temporary classroom. However, when it was again made available for hourly use, the students and teachers found that many more films, records, and books were available to help them with class activities. The student librarians were kept busy dusting bookshelves, putting books and magazines in their proper places, and checking out books for students. Mr. Gardin, librarian, and Mrs. Stokes, his secretary, shared such tasks as filling out catalogue cards and ordering new books and rental films. Perhaps the most difficult job was maintaining a quiet and orderly atmosphere in the library.



Charles Robinson ponders a "global problem."



Students often study together -- quietly -- at the library tables.



STUDENT LIBRARIANS--FIRST ROW: J. Gorecki, C. Huber, P. Bright. SECOND ROW: J. Wolf, R. Conley, K. Mundy, D. Gorub, D.

*Hughes. THIRD ROW: S. Darnell, P. Clifford, R. Berrier, R. Res-
teau, J. Appelo.*



The "world outside the window" may distract Ed Daily from his work with the reference books.





In sophomore geometry class, Greg Cooley waits for Mr. Ellis to call on him.



Mike Stich plots a graph to demonstrate an equation to the class.

Feeding Facts to Expanding Minds



Phil Sachtleben explains a linear equation to his algebra class.

Math instructors this year attempted to provide a broad math background and stimulate the interests of the students, while meeting college requirements. Sophomore geometry classes studied the "basics" of geometry, including theorems and equations. Juniors took courses in advanced algebra, building on ninth grade algebra, in which they had learned "functions" and quadratic equations. Senior math students proved many theorems which had been used in the less advanced classes. This year's math teachers were Mr. Maiers, Mr. Ellis, Mr. Scott, Mrs. Pokorny, and Mrs. Theile. Under their direction and guidance, VHS math students were enabled to participate in the Invitational of Mathematics, held in May, in which they competed with other outstanding students from Northern Indiana.



Classmates raise questions about Craig Steele's geometry problem.



Students of Honors Math listens to Scott Schafer's answer to a problem.



Carl Lewis "draws" a problem for his algebra class.



Junior honors algebra class members evaluate Mr. Maiers' explanations.



Even boys' physical education classes must begin headstands with spotters.



Sue Dittman and Mary Lou Tomczak act as spotters for a headstand attempt.

Phys. Ed. Builds Minds and Muscles

Miss McGuin's and Mr. Sweet's physical education classes offered girls and boys a chance to stretch their muscles after hours of sitting at their desks. Students also developed coordination, sportsmanship, and team spirit during their year of gym. In warm weather, the classes were held outside, with students participating in such sports as soccer, field hockey, softball, and track and field events. Throughout the winter the gym classes concentrated on indoor sports such as volleyball, basketball, tumbling, and gymnastics. Junior and senior girls planning a possible career in physical education, or who simply enjoyed "P.E.," aided Miss McGuin by being "refs" or spotters. The physical education classes were not all "fun and games," however, as tests were given on such subjects as basketball rules or hockey plays.



Twelve boys in Mr. Sweet's gym class form a four-layer pyramid.



Mr. Sweet watches as John Fillwock "spots" an attempted back handspring.



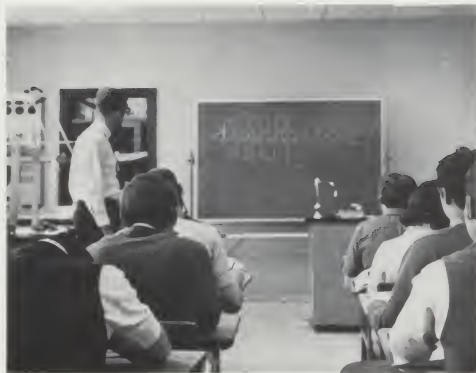
Sophomore girls master the art of backward rolls.



A handstand in girls' P.E. gathers mixed reactions from spotters.



Many sophomores practiced handstands with the aid of a wall.



Mr. Foglesong's diagram depicts the various types of waves.



Mr. Rigg shows a mechanical device to his applied science class.

Exploring Diverse Scientific Fields



Precise measurements are an important factor in chemistry experiments.

The science department at VHS offers a variety of subjects for students interested in the field of science. The chemistry courses taught by Mr. Tsoutsouris and Mr. Vinson start students off with basic chemistry knowledge and allow them to advance to a college level. Chemistry I and II deals with a general introduction to matter, to methods of experimentation and inquiry, and to an understanding of why things behave as they do. Chemistry III and IV deals mainly with laboratory experiments and with theoretical aspects of chemistry. Chemistry IV is the most advanced class, on a pass-or-fail basis. Mr. Foglesong's general and academic physics classes explored such subjects as electronics and atomic theory. The physical science course taught by Mr. Rigg was designed to give students basic knowledge of the many fields of science.



Third semester chemistry students take a break in their studies.



In Chemistry I Bob Zandi performs a difficult experiment--melting ice.



Three physics "pros" conduct an experiment dealing with the refraction of light.



Dave Maas studies wave patterns in a ripple tank.

Students Get Involved With World

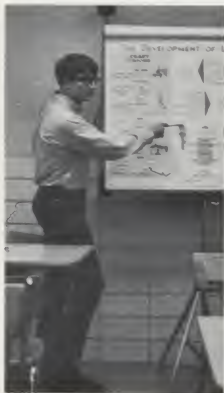
Three new, one-semester social studies classes were inaugurated at VHS this year. They are: modern European history, taught by Mrs. Baumann; modern Asian history, by Mr. Reggie, and psychology, with Mr. Toming serving as instructor. The social problems class, under Mr. Toming's direction, was offered to honors social studies students for the second consecutive year. It consisted of the reading of significant paperback books, independent study, and an attempt at meaningful classroom discussion. The world and U.S. history classes introduced students to the more basic aspects of history. The economic geography classes exposed students to the land features and economy of the world. Seniors in the one-semester civics and economics classes learned of governmental policies and money management.



Debi Skinner adopts traditional Amish garb for her oral report in sociology.



Butterfield speaks to members of his social problems class.



Ed Mullin uses a chart to make a point about labor union development.



Mr. Toming allows his social problems classes to discuss their theories.



Psychology students listen intently to Mr. Toming's lecture.



Mr. Edquist looks over Jo Ellen Sommers' civics assignment.



Mr. Stanier never knows what facts the last table retains.

*As sophomores, juniors, and
Seniors, we
Formed the VHS student body.
1969-70 was a year to be
Remembered...
Getting lost in the new VHS;
Being trampled in the halls;
Finding
Girlfriends and boyfriends;
Ducking under ladders;
Piling ten people into a
Volkswagen for a
Caravan;
Practicing for a skit;
Painting every window in VHS
For Senior Day;
Wearing the latest styles;
Crying
At games and graduations;
Decorating for dances and
Prom;
And just doing all the things
That are done
At VHS.*

ALBUM



Seniors See Changing Elements



SENIOR CLASS OFFICERS--C. Casbon, Treasurer; J. Barkley, President; J. Hill, Vice-President; C. Gast, Secretary.

All the changing elements at VHS brought seniors closer together in 1969-70. The first few weeks at school were spent sorting out the confusion caused by construction, getting used to new courses, renewing old friendships, and sizing up the underclassmen. Seniors shared the mental anguish of deciding what to do with themselves after graduation: get a job, go to college, or get married. Together, they accomplished all the traditional senior-year "Jobs," from ordering senior portraits to throwing the annual senior party. As graduation time rolled along, everyone possessed feelings of excitement, nostalgia, and a little bit of fear at leaving VHS's security for a new environment. On graduation night, the class of '70 shared that "senior feeling" for one last time.



Mark
Ackerman



Gerald
Adams



Stephen
Adgate



Kathleen
Ahlgrim



Gail
Albers



Barth
Anderson



Jody
Anderson



Victoria
Anderson



Wayne
Anderson



Paul
Annen



Jeannette
Appelo



Charles
Asher



Robert
Aytes



Jerry
Babcock



Gregory
Baggs



Abby
Baker



Cynthia
Baker



Donald
Barber



Brenda
Barcus



John
Barkley



Stephen
Bartholomew



Susan
Bauer



Dennis
Beach



Jennifer
Bean



Leonard
Benham



Harold
Bennett



William
Bennett



Jan
Benton



Janis
Bergstrom



Roger
Berrier



Mark
Beutler



Bryan
Bieker



Susan
Black



Donna
Bochnicka



Cheryl
Boling



Sandra
Boyce

We Were Leaders Together



Linda
Brady



Deborah
Braithwaite



Paul
Bretscher



Sarah
Bretscher



Peggy
Bright



Elaine
Brock



Gregory
Brown



Michael
Brown



Carla
Brumm



Mary
Brunson



Francis
Buchheit



Thomas
Buck



Sharon
Buelow



Sue
Burns



Thomas
Burton



Steven
Butterfield



Richard
Byers



Barbara
Calderazzo



Rebecca
Carino



Patricia
Carlin



Sarah
Carlson



Cheri
Carpenter



Carol
Casbon



William
Cinkoske



Vernon
Clark



Dean
Clendenin



Nancy
Cleveland



Linda
Clifford



Pamela
Clifford



Richard
Clifford



Sheila
Clifford



Franklin
Coffey



Wendy
Cohen



Dianne
Cole



Barbara
Conkling



Jerry
Conley



Roberta
Conover



Deborah
Cornman



Jan
Costas



Susan
Costello



Robert
Cox



Edward
Daily



Donald
Daines



Susan
Darnell

1970: *We'll Never Forget It*



David
Dauberman



Kim
Dean



Jan
DeMass



Kenneth
Denby



Ginger
Detlef



Roger
Deuring



Deborah
Dibkey



Douglas
Dick



Diane
Dickey



Gail
Dipert



Susanne
Dittman



George
Dodrill



Judith
Doelling



Lynda
Domke



George
Dommeruth



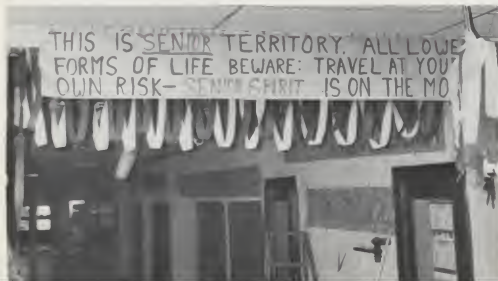
Charles
Dost



Kenneth
Dowdell



Susan
DuFallo



Jeanne
Durand



Jonathan
Dust



James
Eason



Judith
Eaton



Deborah
Edwards



Daniel
Eggerding



Elaine
Eldridge



Sharon
Elliott



Joseph
Ellis



Nina
England



Lee
Evans



Tamsen
Farrell



Deborah
Fasel



Thomas
Feldhaus



Michael
Felten



Linda
Ferguson



Valerie
Fidnarik



John
Fillwock



Richard
Flynn



Mallory
Forbes



Mark
Forszt



Thomas
Franzen



Charles
Freeland



Pamela
Freeman



Paulette
Freeman



Wyn
Froberg

It Was a Very Good Year



Charles
Furman



Larry
Gabbert



Nancy
Garbison



Gillian
Gardner



William
Garner



Cheryl
Gast



Raymond
Gast



Victoria
Gathmann



Kristin
Gehring



Mark
Good



Carol
Gorecki



Deborah
Gorub



Lawrence
Gossman



Paul
Grant



Jaclyn
Gray



Kenneth
Greich



Linda
Green



Michael
Gregory



Katherine
Grskovic



John
Guild



Reginald
Gustafson



Robert
Hannon



David
Harmon



Bonnie
Harper



Kristine
Harrington



Barbara
Hart



Burton
Harter



Candice
Harvil



John
Hawkins



Sandra
Henderson



Marilyn
Henry



Pennie
Hermann



Dorothy
Higer



Mary
Hill



Rolland
Hill



Martin
Hillila



Stephen
Hoard



Marcia
Holland



Peregrine
Hollett



Marvin
Holmgren



Julie
Howard



Carol
Hoyt



Barbara
Hubbard



Christine
Huber

Senior Memories Are the Best



Deborah
Ilgenfritz



Dean
Johnson



Thomas
Johnson



Victoria
Johnson



Lynn
Kaminski



Nadine
Kassanits



Linda
Kazlauskis



Linda
Keefe



Sandra
Kibble



Mark
Knauff



Harold
Knight



Kathryn
Knowlton



Mark
Koday



Marc
Kornblith



Constance
Kotefka



William
Kotys



Barbara
Krekeler



Stephen
Kretzmann



John
Kruger



Tom
Krysa



John
Kueck



Michael
LaBrie



Diane
Lambert



Teri
Lambert



Michael
Lampl



Dianna
Lamrock



Thomas
Largura



Marie
Laube



Mary
Laube



John
Laughery



Robert
Laughery



Eric
Leaming



Margaret
Leasure



Lisbeth
Lembke



Robert
Lindholm



Lawrence
Ling



Teri
Lochmandy



James
Looman



Gregory
Lowe



John
Maas



Marcia
Maddock



Karen
Mansfield



Dale
Maple



Bonnie
Maudlin

Twelve Years of Waiting...



Cheryl
Meece



James
Miller



Marcia
Miller



Robert
Miller



Thomas C.
Miller



Thomas W.
Miller



Susan
Milsom



Stephan
Mitz



Donna
Mohler



Linda
Moore



Grant
Moorhead



Richard
Morrison



Donna
Moser



Michael
Moser



Edward
Mullin



Karen
Mundy



Kathleen
Murvihill



Stephan
Murvihill



Sarah
McCasland



Christine
McShane





Kevin
Naillieux



Michael
Neander



William
Nelson



Nathan
Newberry



Charles
Newcomb



Michael
Newman



Robert
Nielsen



Craig
Nightengale



John
Nicksch



Denise
Norlington



Marsha
North



James
Nowlin



John
Nuland



Ronald
O'Brien



John
O'Keefe



Peggy
O'Neil



Nancy
Parker



David
Paschen



Robert
Pearlman



Janet
Pedone



Carlene
Peterson



David
Phillips



Jeanne
Phillips



Victoria
Pittman

Now All the Waiting Is Over



Annette
Polite



Rollo
Pool



Robert
Prentiss



Sherlynn
Pritchard



Michael
Prochno



Margaret
Proffitt



Glenn
Pulianas



Linda
Quintero



Colleen
Rader



Linda
Rager



Gerald
Regan



Jill
Reif



Roberta
Resteau



Frederick
Richart



Bruce
Ringger



Charles
Robinson



Keila
Robinson



Richard
Robinson



Karen
Roscoe



Mildred
Rosenbaum



Nancy
Rosscup



Karen
Rubel



Nancy
Rush



Jeffrey
Salberg



Edward
Saunders



Scott
Schafer



Michelle
Schane



Dennis
Schoenfelt



Timothy
Schroeder



James
Scott



Vaughn
Sells



Beverly
Sexton



Karen
Shanahan



Janet
Shauer



Edward
Shewan



Deborah
Skinner



Anita
Smith



Benjamin
Smith



JoEllen
Somers



Vincent
Sommers



David
Spitler



Gene
Stanton

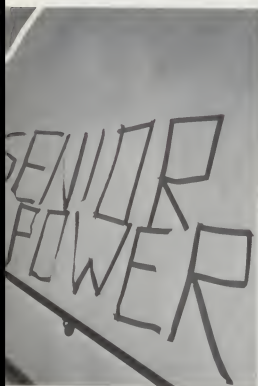


Linda
Starkey



Donna
Stevenson

The World Is Waiting for Us



Deborah
Stipp



Joanna
Stokes



Sue
Stordeur



Lynn
Strikwerda



Nancy
Sutherlin



Deborah
Sutton



Ronald
Swinford



Debra
Tanck



Richard
Taylor



Donald
Thebo



Douglas
Thiesen



Michael
Thomas



Robert
Thorgren



Teresa
Thorpe



David
Tilton



Mary
Tomczak



Neal
Tracy



Cynthia
Tuesburg



Gregory
Turpin



Richard
Underwood



Diane
Ungurait



Eugene
Vocke



Michael
Wade



John
Washler



Mark
Watts



John
Webb



Terrence
Weideman



Carl
Weis



Barbara
Wellner



James
White



Dean
Wiesjahn



Debra
Wilgus



Robert
Williams



Gail
Williamson



Mark
Winerman



Lee
Witters



Kit
Womacks



Jeffrey
Woods



Michael
Woods



Joan
Zorick



IN MEMORIAM
ROBERT BAKER

NOT PICTURED

Warren Avaritt
Karen Bentley
Nanci Ellis
John Hart
John Hughes
David Kukura
Kathryn McChristian

James Naillieux
Tom Porch
Richard Rugg
Robert Saiter
Michael Shearhod
Rebecca Vickers
Susan Woodard

Juniors Prepare for Leadership



JUNIOR CLASS OFFICERS--FRONT
ROW: M. Frey, Vice-President; S.
Kotefka, Treasurer; J. Butterfield,

President. BACK: D. Gast, Secre-
tary.

During this eventful year, the members of the class of 1971 began thinking of future plans. The juniors labored over such exams as the PSAT and National Merit tests, which prepared them for the all-important college entrance examinations. They became active in VHS's various clubs, and many juniors were even elected to offices in the organizations. The National Honor Society announced its junior members in December. The juniors also held the responsibility of providing themes, decorations, entertainment, and refreshments for the various dances of the year, including the "in" affair of the year, the Prom. The junior class officers, students, and sponsors supervised the grand event, which was planned for months ahead of the "fateful" day in May. This busy year left the juniors well-prepared for their "reign" in 1971.

Carol Anderson
Dean Anderson
Helen Anderson
Kristen Anderson
Linda Anderson
Patricia Amen



Willemina Appelo
Richard Armalavage
Allen Arnold
Sari Asher
David Ashton
Cathy Aszman



Mark Babcock
Elizabeth Bailey
Irwin Bain
Gail Baker
Ann Barber
Andrew Barber



Nancy Barber
Joyce Barker
Linda Barkley
Peggy Barnes
Thomas Barnes
Becky Beach



JUNIORS

Susan Beach
Patricia Beattie
James Belaschky
Janise Beldon
Barbara Bellovary
David Bender



Michael Benham
Robin Bennett
Jeanne Berg
Lynn Bernadt
Jerry Berry
Gina Bertig



Amy Bibler
Martin Binder
Diane Bochnicky
Richard Bond
Constance Bowman
Sandra Bowman



Deborah Brobeck
Beverly Brobst
Robert Brown
John Brunicon
Leslie Bryan
Stanley Bucher



Gregory Buck
Barbara Burey
Patricia Burge
Danny Butterfield
Jeffrey Butterfield
Richard Cagen



Thomas Cain
Marian Campbell
Thomas Campbell
Guy Campolattara
Barbara Caprous
Richard Carey



James Carter
Jesse Casbon
Frank Casey
Sharon Chambers
Elizabeth Chapel
Cedric Clark



John Clark
Carl Clouse
Brenda Cohn
Richard Conklin
Jack Cornett
Joan Curran

JUNIORS



Anthony Dalrymple
Garry Daly
Thomas Daly
Sandra Davis
Don Deal
Jon Deal



Nancy Dean
Haven Deck
John Delmerico
Cindy DeMass
Debra DeMeo
Kathleen Dennis



Vickie Dinwoodie
Leanna Diphert
John Dobbins
Harold Dodd
Carol Dodyill
Lawrence Domke



Barbara Dommer
Theodore Dougherty
Thomas Driver
Walter Dunivan
Mary Dust
Laurie Eason

Gene Eaton
Philip Eggerding
Paul Ehlers
James Eichelberger
John Espie
Karen Evers



Marc Fabing
William Fairchok
Karen Fait
Michael Fandl
William Fessler
Dennis Follis



Catherine Freeman
Michael Frey
Gene Frogge
Trudi Fryer
Wayne Gaedtko
Steven Garcia



Donna Gast
Thomas Gesse
Pamela Gilliam
Margaret Girton
David Glass
Bruce Glasser



JUNIORS

Dennis Glover
Dorothy Golando
Carol Gott

George Green
Deborah Griffin
John Griffin

Rebecca Griffin
Thomas Griffiths
Dennis Grundell

Patti Guillaum
Leonard Guzek
Bonita Hahn
Patricia Hammond
Diane Harden
Brian Harmon



Charles Hart
Danny Hart
William Hart
John Harvil
Nicolette Hasse
Roxanne Hassel

Cinda Hayes
Charles J. Heckman
Linda Helton
Larry Hemming
Dawn Hensel
Jack Hildreth

Kathy Hopkins
Elizabeth Howard
Gregory Howard
John Hoyt
Timothy Huber
Douglas Hughes

Katherine Hunsberger
John Irvin
Vicki Isley
Guy Edward Jankowski
Nancy Jared
Arleigh Johnsen



JUNIORS

Jacqueline Johnson
Barbara Jones
Bernard Jones
Richard Jorgensen

Karen Jurgenson
Dean Kaiser
Mark Keen
James Keller

William Kelley
Dale Klemz
Alice Knezevich
Richard Koelmeyer

Thomas Koselke
Sharon Kotejka
Charles Kretzmann
Thomas Kruse

Susama Kussrow
Diane Lain
Bruce Lansdowne
David Lanyi
Craig Lawrence
Shirley Lawrence

Ronald Leffler
Donetta LeMay
Dennis Lembke
Catherine LePell
Carol Lightcap
Geraldine Linton

Judith Linton
Arthur Lippman
Patricia Longnecker
Michael Lowe
John Lowenstine
Susan Ludington

Cindy Magers
Bruce Magyar
Steven Malasto
Pat Mann
Kathy Jean Marak
James Mark



JUNIORS

Jan Alan Marquardt
William Masters
Victoria Maudlin
Arthur McCord
Margaret McGill
Beth McGuire

Colleen McNamara
Jayma Meyer
Audrey Meyerowitz
Michael Miliana
Bruce Miller
Claudia Miller

Donna Miller
Linda Miller
Richard Miller
Shirley Miller
William Miller
Robert Miskimins

Marvin Monroe
Steven Moore
Allen Moreland
Mary Morris
George Mortimer
John Mortimer



Steven Moser
Patsy Mounce
Cindy Myers
Virginia Myers
Richard Nagel
Gary Naillieux

Jeffrey Neeley
Jan Peter Nelissen
Bruce Nelson
Nancy Newman
Patricia Newsted
Dana Nielsen

John Noonan
Vickie North
Margie Norton
Deborah Nowlin
Dale Nowlin
Patricia Odell

Ruthann Oglesby
Jonilyn Ohler
Thomas O'Keefe
Paula Oliver
Alexis Olson
Karen O'Neil



JUNIORS



Thomas O'Neil
Janice Paschen
Crystal Pavnica
Jeff Pennington
Dawn Peterson
Dennis Pflughaupt



William Phillips
Mary Phillips
Susan Pickard
Lewis Piechocki
Lynise Pion
Diane Platipodis



Edward Poore
Patricia Pope
Mildred Powell
Thomas Poveska
Michael Pritchard
Joseph Proffitt



Gail Puliamas
Fredrick Rager
Helen Ramones
Robert Ransom
Denis Raschke
Debra Ray

Sandra Ray
Daniel Redelman
Patricia Reiner
Mark Reinhold
John Rhoda
Denise Rhynard



John Rice
Keith Roberts
Sarah Roberts
Charles Robinson
Kathleen Rogers
Maritta Rogers



Gayla Roscoe
John Roscoe
Gregory Rose
Carol Rosenberg
Charles Rough
Susan Rubke



Kathleen Rugg
Philip Sachleben
Clifford Sacks
Michael Sallac
James Saltzman
William Salyer



JUNIORS

Russell Samders
Lily Schaefer
Paul Scheller
William Schure
Dean Schroeder
LuAnn Scott

Charles Seargeant
James Sefton
Larry Sepanski
Teresa Shanahan
Barbara Shefchik
Russell Sherrick

Gene Shinabarger
Debra Shook
Robert Siddall
Mark Siebert
Melissa Skinner
David Smith

Debra Smith
Richard Smith
Robert Scott Smith
Vicki Smith
Pamela Soliday
Sandra Soliday



Ray Spencer
John Springsteen
Linda Stalbaum
Susan Staley
Kathleen Steder
David Steele



Robert Steele
Michael Slich
Charles Stinchfield



Phillip Stoerck
Robert Stoner
Charles Strietelmeier



Dawn Strikwarda
Lyle Taber
Mary Tanke



JUNIORS



Jack Thompson
Gayle Thorne
Kathy Thorpe
Barbara Toth
Barbara Trageser
Nancy Trapp



Rebecca Trapp
Jeffrey Trost
Jane Tucker
Marilou Turner
Kyle Tverdik
James Uban



Sandra Urbahns
Thomas Urbahns
Anna Van Alphen
William Van Senus
Melissa Vaughn
Catherine Vickers



Steena Walker
Paul Wampler
Charles Watson
Krisanne Watt
Patricia Weidman
Debra Weiss

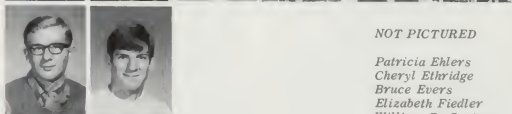
Glen Whitcomb
James Whitcomb
Karen Whitcomb
Susan White
Barbara Whitman
Deborah Wickersham



Gwen Williams
Sally Williamson
Donald Witmer
Daniel Wood
Carol Woods
Toddy Woods

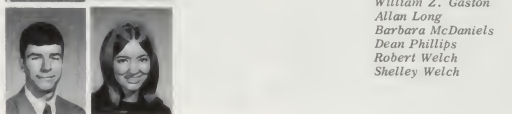


Steven Zabriski
Robert Zandi



NOT PICTURED

Patricia Ehlers
Cheryl Ethridge
Bruce Evers
Elizabeth Fiedler
William Z. Gaston
Allan Long
Barbara McDaniels
Dean Phillips
Robert Welch
Shelley Welch



Robert Zentz
Kathleen Ziliak

Sophomores Adapt to Confusion

For the sophomores, the 1969-70 school year became even more of a "puzzle" because of the tumultuous state of the school due to construction work. However, after the first few delirious weeks, the varied "pieces" of the class of '72 began to fit together to form a solid foundation for their three years at VHS. Led by the four class officers, the sophomores plunged into routine school activities. They attended the first meetings of many VHS clubs and then decided which ones they wanted to join. In the middle of the year, the "sophs" were finally allowed their first important job: the choosing of the 1971 class rings. Again, Mrs. Cezus, guidance counselor, had the class officers present a skit to the sophomore English classes to further acquaint them with the many "faces" of VHS.



SOPHOMORE CLASS OFFICERS-- Secretary; S. LaCount, Vice-President; B. Gray, Treasurer; C. Adams, J. Dome, President.



Robin Ackerman
Charlene Adams
Susan Affeld
Bette Albers
Jyl Ann Allen
Jay Anderson



Rebecca Anderson
Stephen Annen
Robert Ashbaugh
Donald Autenrieth
Marilyn Babcock
Wendy Babcock



Lon Scott Baczkowski
Rebecca Bair
Gary Banks
Nora Banschbach
Paula Barbour
Gary Barneko



Ann Bartelmo
Darlene Bator
Jacquelin Beam
Cynthia Bedell
Frederick Belaschky
Steven Bell

SOPHOMORES



Debra Bennett
Sally Benton



Roger Berrier
Ross Bicknese



Cheryl Bilen
Diane Block



Janet Boehlke
Stephen Bond
Sandra Boron
Susan Bowman
David Bray
Monica Bretscher

Charles Bricker
Linda Brodsky
Shelley Broviak
Teri Jo Brown
Richard Bryant
Garry Burch



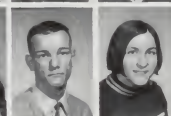
Robert Burkett
Sharon Butterfield
Carmine Calderazzo
Ann Cannon
Cheryl Carden
Robert Carlen



John Carpenter
Bette Ruth Carpenter
Denise Charpentier
Patrick Casey
Paulette Carter
Albert Cherry



Linda Cherry
Linda Christy
Donald Clark
Elizabeth Clarke
Lois Claussen
Deborah Clifford



SOPHOMORES

Carol Cobb
Elizabeth Collins
Wayne Cohen
Joyce Coln
Gregory Cooley
Wendy Corsbie

Shelley Cotterman
Candace Cropper
Patricia Daly
James Daniels
Jan Daniels
Carry Dawson

Daen Delahanty
Kevin DelMastro
Marcia Dennis
Brad Dibkey
Cynthia Dick
James Doane

Kevin Dogan
Timothy Domke
Russell Donnermuth
Dennis Downey
Sylvia Dravininkas
Mark Dugan



James Dykes
Robert Edgecomb
Julie Egolf
Marcella Ehlers
Patricia Eigelsbach
Charles Eldridge

Laurie Ellis
Leigh Ellis
Sheila Evert
Michael Falls
Mary Fannin
Gregory Farrington

Darrell Fasel
James Feldhaus
Jeffrey Fero
John Festa
Steven Ficken
Catherine Fiedler

Michael Finley
Susan Fleak
Marvin Flynn
Gene Fox
Mark Freeman
Deborah Fritts



SOPHOMORES



Ruth Frogge
Mary Fulton
Jan Marie Gagnea
Larry Gamblin
Ernest Garcia
Cheryl Garmon

Clyde Gast
David Gast
Stanley Gast
Leslie Gee
Karen Gesse
Denise Giza

Garry Glasshagel
Annette Glickauf
Louis Golando
Elizabeth Good
Charles Gordon
William Gorub

Diane Graham
Barbara Gray
Robert Gray
Paul Greenwald
Kathryn Gregory
Steven Gregory

Jill Grieger
Patricia Griffin
Bruce Grostefon
Cari Gunsaulus
Deborah Hallam
Charles Hallberg

Gary Haney
Christine Hanrahan
Robert Harkel
Patricia Harrington
Carol Harris
Douglas Harvey

Edwin Hawkins
Paula Helton
Debra Herren
Susan Hicks
Carol Higer
Linda Higgins

Pamela Hill
Ronald Hill
Gary Hills
Robin Hiser
Norman Hittinger
Candace Hoback



SOPHOMORES

Brian Hoepfner
Alan Holcomb
Earl Hollett
Eric Hollett
Leann Holst
Sue Ann Holst

Cheryl Honchar
Claudia Hospiers
Nancy Houston
Debra Hovey
Hilary Howard
Gary Howell

Theodore Hrycak
William Huber
Denise Hughes
Stephanie Hummel
John Husband
Nicholas Husband

Kimberly Husman
Shelley Hutton
Bruce Hyatte
Regina Hyatte
Sharon Hyatte
Paul Irvine



Amy Izydorek
Michael Johns
Nancy Jones
Thomas Jurgenson
Carl Kalinka
James Kashner

Joan Kauffman
Stanley Kazwell

Daniel Keeffe
Marcia Keen

Robert Kelley
Lynn Kellogg



SOPHOMORES



Gregory Kent
Kevin Kerlin
Deborah Kerr
Kenneth Kihlstrom
Philip Kilmer
Joyce King



JoLynn Kneifel
Judith Koepke
Raymond Koepfen
Rebecca Korby
Daniel Kornblith
Carleen Krieger



Daniel Laack
Jeffrey LaBrie
Susanne LaCount
Neal Lange
Steven Langer
Kevin Lansdowne



Deborah Lawridsen
Michael Laughery
Jennifer Lawrence
Carl Lewis
Rhonda Lindberg
Michael Linkiner

James Loudon
Barbara Ludington
Harry Luke
Peggy Lumbardy
John Mace
Kerry Maddock



Janet Makovsky
James Malasto
Fredric Marsden
Royce Martin
Sandra Martin
Michael Masters



Randall Maxey
Jeffrey Maynard
Allen McChristian
Nancy McEnterfer



Kenneth McGuire
Kevin McGuire
Samuel McMeans
Kevin McNamara



IN MEMORIAM
DAVID LEIB

SOPHOMORES

William Mead

Susan Meyer

Garry Michaels
David Miller
Joel Miller
John Miller
Mark Miller
Marta Miller

Kim Elaine Moncel
Paula Moyphis
Elizabeth Morris
Stanley Moser
Barbara Myers
Deborah Naillieux

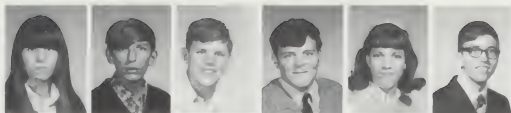
Nils Nelissen
Melissa Nelson
Robert Nelson
Yvonne Neuschafer
Claudia Newell
Joy Newell

Pamela Niequist
Marla Nightingale
Elizabeth Norlund
Nancy O'Brien
Joseph Oelling
Lorene Olson

Brian Pavicic
Jane Phillips
Elizabeth Phipps
Jon Piornack
James Polite
Donald Prahl

Mark Price
Perry Price
Vernon Proctor
Robert Proffitt
Kathy Pullins
Robert Pullins

SOPHOMORES



Mary Pursley
John Pytynia
James Query
Dannie Ray
Wendy Reichard
Daniel Reynolds



Kevin Rhynard
Cathie Richart
Iris Ridgway
Michael Ripley
Ricky Lee Roberts
Christine Rosenbaum



Donald Rowland
Douglas Rowland
Timothy Rue
John Saudberg
Vincent Savarese
Mark Schafer



Martin Schatz
Gertrude Scheller
Kimberly Schramm
David Scott
James Scott
Barbara Shaffer

John Sheffer
Gregg Shewan
William Shideler
Edwin Sieckman
Gene Shinkle
Arthur Smith



David Smith
Jeffrey Smith
Robert Smith
Dean Soliday
Linda Staats
Thomas Stalbaum



Mari Stanton
Larry Starkey
Kenneth Stasierowski
Diane Steck
Craig Steele
Kathryn Steinbach



Gary Steindler
Karen Stengel
Andrea Stoner
Marsome Stroup
Walter Suffern
Herbert Tarnow



SOPHOMORES

Bonnie Thomas
Charles Thompson
Michele Thompson
Kendra Thorgren
Roni Rae Tomlinson
David Trapp

Ronald Tuthill
Donna Urschel
Gregory Vesilica
Linda Vitoux
Bruce Vocke
Sharon Vogel

Joanne Vorwald
Sherman Walker
James Wampler
Connie Ward
Jeffrey Wasemann
Rhonda Watson

Sharon Watson
Timothy Weimer
Chris Weis
Dorothy Welbourn
Charles Wellsand
Darlene Whalls



John Wheeler
Larry White
Roberta White
Kerry Whitesell
Joseph Wienken
Richard Wiggins

Michael Will
Debra Williams
Joseph Williams
Nina Williamson
Paul Wilson
Joan Wisner

Jonni Woidke
Pamela Woods
Deborah Worch
Cheryl Woycik
Charles Wright
Jerry Wright



NOT PICTURED

Larry Yazel
Michael Zell
Michael Ziliak

Terrence Cannon
Dan Grandfield
Terrance Kearns
Lambert Kneifel

Paul Lucas
Janet Spencer
Tommy Stowe
William Weselman

Spring activities

Brought 1969-70 to an end.

Sports:

*Golfers swing through the
Season; playing baseball games*

In the sun;

*Running races and
"Putting the shot" through a*

Windshield.

Dances:

*Playing L'il Abner and
Daisy Mae; couples dancing*

On warm spring nights.

Prom:

*Weeks of planning and the
Final night of excitement.*

Banquets:

*Recognizing VHS athletes and
Announcing new staffs and*

Officers. Awards Night:

Trophies and scholarships.

Graduation:

An end to

Twelve long years . . .

SUPPLEMENT



Sadie Hawkins, Dogpatch U.S.A.

The night of March 20 brought rugged and ragged couples clad in cut-offs and straw hats to Boucher Gym at eight o'clock for the annual GAA Sadie Hawkins Dance. Bare-foot and "be dogged" couples filed into a replica of Dogpatch, U.S.A., which featured a general store and a real, lifesized outhouse. The couples had a choice between dancing to the tunes provided by the Den Mark Bus, a local band; snacking on pickles and cider at the general store; or standing impatiently in line before the outhouse and "Marryin' Sam Bird" to take advantage of the "two bit, four bit, and six bit weddin's." The climax of the evening came when Carol Casbon, crowned "Daisy Mae," and Ken Dowdell, crowned "Lil' Abner," were recognized for having the "best darn duds" at the dance.



Gail Albers says "I do" as Steve Bartholomew puts on her ring.



Black-faced Carol Casbon and Ken Dowdell were "dressed best."



Trudi Fryer and Mike Sallac repeat wedding vows.

MARCH MADNESS in April?

MARCH MADNESS' theme, "anything goes," came out in full color this year. With the help of Drama and Debate Club sponsors, Mrs. Grotrian and Mr. Bird, student directors created a program that brought out individual interests. Student comedians, singers, dancers, actors, and musicians all joined together to bring an entertaining evening to the audience. The cast joined in singing "Anything Goes," "Age of Aquarius," and "We're Through," to add unity to the program. The technical staff proved just as outstanding as the cast. Colorful spotlights, black lights, and strobe lights, along with varied props, created moods for each act. Props consisted of a "West Side Story" scene, an Alps view, a city in the evening, and an office scene. All in all, MARCH MADNESS proved as successful as years in the past.



The Four Sophomores and a girls quartet provided music between acts.



Soloists Lee Conover and Liz Chapel charmed the audience.



To the tune of "Age of Aquarius," the cast did their thing.

Spring's Barefoot in the Park



Debbie Braithwaite and Mark Winerman dance to the beat of the band.



Rick Underwood crowns Marci Miller as queen of the Spring Dance.



Debbie Edwards, princess, is escorted by Ron Swinford to her position.



J. Bean, K. Roscoe, M. Miller, queen, D. Edwards, princess, and

A. Baker were the Spring Beauties.

Spring was definitely in the air on April 25 when the 1970 Spring Dance, created by the Girls' Pep Club, was held. Park benches, colorful flowers, and an outdoor atmosphere marked the theme of "barefoot in the park." The Sounds of Sensation Exhibit provided the music for the dance. At 10:00 the coronation ceremonies for the Spring Beauty Queen and her court began. Escorted by members of the track team were Abby Baker, Jennifer Bean, Karen Roscoe, and Debbie Edwards, Spring Princess. The evening came to a climax when Marci Miller, the 1970 Spring Queen, was escorted to her beautifully decorated swing by track team captain Rick Underwood. At the dance's end, the couples walked into a night filled with spring air.

Student Feats are Recognized

VALEDICTORIAN

Nancy Parker

SALUTATORIAN

Kristin Gehring

SENIOR SCHOLARS

Gerald Adams
Charles Asher
Carol Casbon
Daniel Eggerding
Cheryl Gast
Stephen Kretzmann
Michael Neander
Colleen Rader
Karen Roscoe
Karen Rubel

NATIONAL MERIT SCHOLARSHIP

Martin Hillila

NATIONAL MERIT FINALISTS

Gerald Adams
Kristin Gehring
Martin Hillila
James Looman
Scott Schafer

STUDENT COUNCIL OFFICERS

Charles Strietmeier, President
Ruth Woidke, Vice-President

STUDENT COUNCIL AWARDS

Kristin Gehring, Senior
Robert Zentz, Junior
Kevin Dogan, Sophomore

STUDENT COUNCIL SPECIAL PLAQUE

Charles Asher

ATHLETIC AWARDS

Lee Evans, Baseball
Rolland Hill, Basketball
James Looman, Cross Country
Steven Butterfield, Football
Kim Dean, Golf
Paul Bretscher, Swimming
John Kruger, Tennis
Richard Underwood, Track
Dennis Schoenfelt, Wrestling

COMMERCIAL AWARD

Sheila Clifford

DRAMA AWARD

Michael Lamp

ENGLISH AWARD

Kristin Gehring

HOME ECONOMICS AWARD

Colleen Rader

LIBRARY AWARD

Karen Mundy

MATHEMATICS AWARD

George Mortimer

NATIONAL HONOR SOCIETY HONORARY

Roy Ellis Brown

SCIENCE AWARD

Nancy Rosscup

AMERICAN LEGION SCHOOL AWARD

Richard Clifford

DAR CITIZENSHIP AWARD

Cheryl Gast

DELTA THETA TAU SCHOLAR- SHIP

Donald Barber

KIWANIS CLUB AWARD

John Dobbins (Police Camp)

LIONS CLUB SCHOLARSHIP

Vincent Sommers

ROTARY CLUB SCHOLARSHIPS

Michael Neander
Brian Bieker (Vocational)

TRI KAPPA SCHOLARSHIPS

Mallory Forbes
Deborah Stipp (Vocational)

VALPARAISO WOMAN'S CLUB,
WORLD AFFAIRS TOUR
Charles Strietmeier

WELCOME WAGON

Valerie Fidnarik

BAUER LANGUAGE AWARD

Audrey Meyerowitz, French
Richard Nagel, German
Monica Bretscher, Latin
Susan Pickard, Spanish

BOY'S STATE

Jeffrey Neeley (American Legion)
Thomas Daly (Elk's Club)
Robert Steele (Kiwanis Club)
Andrew Barber (Rotary Club)

GIRL'S STATE

Ginger Myers (American Legion)
Gina Bertig (Kiwanis Club)
Gail Pullanas (Tri Kappa)

PERFECT ATTENDANCE

Janet Pedone
Richard Rugg (7 years)
Gail Albers (4 years)
Mallory Forbes (4 years)
Robert Lindholm (4 years)
Marcia Maddock (3 years)
Cheryl Meece (3 years)



Pep Club president Jackie Gray receives the traditional scrapbook.



Pep Club board members converse on their election.

April & May are Banquet Months

Throughout April and May, VHS held banquets for the school's sports and organizations. The dinners were attended by athletes and club members to acknowledge the year's achievements and to honor individual endeavors. In April, the Valenian and Valpost staffs held their journalism dinner where newly assigned staff positions were announced. In May, the V-Teens Mother-Daughter Banquet and Pep Club dinner were held. Officers for 1970-71 were announced and a scrapbook was presented to each outgoing president. New officers were announced and individual honors were presented at the GAA picnic. To climax the end of the banquet season, the Spring Sports Banquet was held on May 27. Here the feats of the VHS baseball, track, and golf teams were recognized. Although not a banquet, Awards Night was held on June 5 to give the past year's students scholastic awards and scholarships.



The new band officers for next year's musical band are, FIRST ROW: N. McEnterfer, L. Dipert, M. Morris,

J. Urban; SECOND ROW: J. Roscoe, R. Miller, president, C. Krieger, P. Niequist, D. Nowlin.



Barb Conkling touched all concerned when she gave her farewell speech.



A highlight of the Valenian-Valpost Banquet-Debi Skimmer presented Mr.

Brown with an award for 12 years of faithful service.



The new GAA officers slide into a new athletic-filled season of 1970-71.



Janice Paschen receives a rose signifying her election as GAA president.



Our faithful group of Juniors succeed again!



Up, up, up over the rainbow go Bob Ransom, Tom Kruse, and Bob Zandi.

Rainbow of Memories at Prom



Alice Knezevich arranges her garden of corn.



Arleigh Johnson tapes up a piece of black crepe in the cyclone.



Putting paper together for the sides was one helper, Gwen Williams.



After many hours of planning and energy, juniors transformed the gym into the fantasy world of "Somewhere Over the Rainbow." On the night of May 22, 125 couples entered through a stormy cyclone and followed the yellow brick road towards the colorful balloon, glowing in radiance, in the center of the gym. The skyline was ablaze with a rainbow symbolizing the dreams and goals of the VHS Junior Class. The stage was the entrance to the magnificent Emerald City, which was surrounded by an enchanting field of poppies. Next to the stage was Dorothy's house, where punch and cookies were served. Along the sides were seven different scenes depicting the tin man, lion, scarecrow, and Munchkin Village. The music was provided by the Johnny Nowlan Orchestra. Sophomore helpers were dressed as "Oz" characters. Undoubtedly, the prom left an imprint on those who walked down the yellow brick road to enjoy an evening of dreams.



Female participants stop for a moment to pose for a picture.



The evil job of the witch's castle fell on Larry Domke and Becky Trapp.



Janice Paschen inspects a cow before placing it in the entrance.



Bob Laughery and Donna Mohler look at the silvery tin man.



B. Gray, J. Phillips, J. Koepke, C. Woycik, R. Tomlinson--the "Oz" helpers.



At 11:00 class officers escorted their dates in the traditional Grand March.



Someday, somewhere, maybe I'll be down there.



Jody Anderson and Steve Moore recall their memorable evening.



Couples end an evening of fun and recollections with the Grand March.



Sue Beckman and Jan Marquardt are caught in a mood of prom jubilee.



Hugging each other in pure glee are Sharon Elliot and John Dihenis.



Leading their first prom were Jeff Butterfield and his date Gail Pulianas.



Among those enjoying the evening were George Dodrill and Candy Harvil.



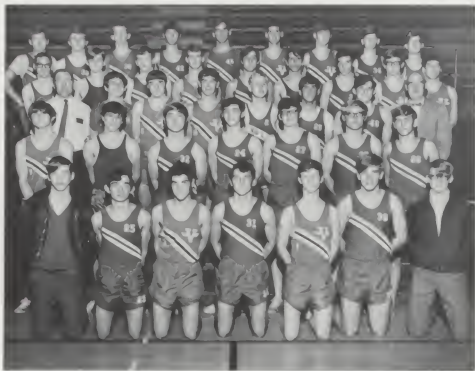
Shirley Miller and John Peterson wonder where the water is.



Jack Barkley escorted his date in starting the Grand March.

Cindermen Dash toward Victory

Dashing, running, and jumping, the 59 cindermen of the 1970 track team compiled a winning season under the guidance of Coach Edquist and assistant Coach Stokes. Both Varsity and Junior Varsity produced outstanding track results. A consistent first place winner was the mile relay team composed of Bob Laughery, Rick Miller, Fred Rager, and Rick Underwood. Other first placers were Mike Brown, high jump, and Chuck Wellsand, low hurdles. These team members were eligible to compete in the regionals. This year, for the first time, the Duneland Conference was held at Valparaiso. The Vikings, lacking only nine points, took second place to Hobart's first. At the Valpo relays, the J.V.'s got first places with Jim Doane--high hurdles, Craig Steele--long jump, and with the mile relay team consisting of Rob Harkel, Dave Miller, Mike Ripley, and Craig Steele. All agree that the track team had another outstanding season.



VARSITY TRACK--FIRST ROW: S. Kazwell, J. Noonan, F. Casey, B. Laughery, R. Casbon, J. Hildreth, J. Saltzman. **SECOND ROW:** P. Wampler, W. Hart, G. Stanton, C. Pool, B. Harmon, M. Moser, J. Trost. **THIRD ROW:** Mr. Stokes, coach, J. Looman, S. Moser, B. Lansdowne, J. Mortimer, R. Miller,

R. Swinford, Mr. Edquist, coach. **FOURTH ROW:** L. Henning, M. Siebert, M. Knauff, F. Rager, D. Nielsen, A. Dalrymple, C. Furman, M. Fandl, B. Miller. **FIFTH ROW:** P. Sachtleban, R. Underwood, M. Brown, W. Philips, J. Roscoe, T. O'Neill, B. Zandi, K. Naillieux, B. Miller.



Concentration crosses Mike Wade's face before the gun goes off.



Kevin Naillieux exchanges a word with his opponent before pole vaulting.



Rick Underwood, team captain, comes running in clear for first place.



J. V. TRACK--FIRST ROW: S. Kaz-well, R. Casbon, P. Wampler, B. Miller, W. Hart, F. Belaschky, J. Saltsman. SECOND ROW: Mr. Stokes, coach, C. Eldridge, C. Steele, J. Mortimer, M. Ripley, F.

Casey, Mr. Edquist, coach, B. Lansdowne. THIRD ROW: M. Siebert, D. Nielsen, A. Dalrymple, G. Howell, M. Findley. FOURTH ROW: D. Miller, B. Miller, D. Keefe, T. O'Neill, J. Doane, W. Philips, P. Sachtleben.



Craig Steele and Jeff Trost put the heat on to finish the race.



Up, up and over again goes a Valpo Viking.



"Putting the shot" is one strong Mike Finley.

VARSITY TRACK

Dual Meets

42 2/3	Michigan City	75 1/3
64 1/2	Bishop Noll	53 1/2
59	Lew Wallace	59
54 1/2	LaPorte	63 1/2

Tri-Meets

Munster Indoor Relays--VHS 3rd
 Valpo Relays--VHS 3rd
 Duneland Conference--VHS 2nd
 Hammond Relays--VHS 7th
 Hammond Clark Relays--VHS 4th
 LaPorte Invitational--VHS 6th
 Sectional--Mike Brown, Chuck Wellsand qualified for Regionals

JUNIOR VARSITY TRACK

VHS		OPP.
59	Michigan City	58
52	Bishop Noll	66
86	Lew Wallace	22
69	LaPorte	69
70	Boone Grove	48
Valpo Relays--VHS 3rd		

VHS Golfers Swing into Action



VARSITY GOLF--FIRST ROW: R. Roberts, K. Roberts. SECOND ROW: Mr. Cain, coach, J. Smith, C. Kalinka, E. Daily, J. Eason, K. Dean.



Jeff Smith plans his putt.

For his third year, Coach Cain led his swinging golf team to a winning season. With three returning lettermen, Ed Daily, Kim Dean, and Ed Mullin, the Varsity team had a commendable season. This year, Valparaiso hosted the Duneland Conference, and won with a score of 331. The team made a fine showing in the four invitationals at Rensselaer, Lake Hills, LaPorte, and Lafayette. They won the sectional with a score of 341. Although Valpo fought to win, regionals were lost. The Varsity team came up with 7 wins, 8 losses, and 2 rain-outs. The J.V.'s won 1, lost 3, and had 1 rain-out in their 5 scheduled matches. Golfers walked off with several awards at this year's Sports Banquet. Kim Dean received a trophy for most valuable player, while teammates received 4 trophies, 5 Varsity letters, and 5 J.V. letters in recognition of a job well done.



Ed Daily concentrates on his drive.



With a step and a twist, Kim Dean executes a perfect swing.



JUNIOR VARSITY GOLF

Munster	WON
Crown Point	rained out
Merrillville	lost
LaPorte	lost
Hobart	lost

VARSITY GOLF

Merrillville	lost
LaPorte	lost
Portage	WON
Munster	WON
Rensselaer	
Invitational	lost
Hammond Morton	WON
Chesterton	WON
Lake Hills	
Invitational	5th
Hobart	lost
Hammond Tech	WON
LaPorte	
Invitational	tie for 7th
Andrean	WON
Merrillville	rained out
Crown Point	rained out
LaFayette	
Invitational	3rd
Sectionals	WON
Regionals	lost



GOLF TEAMS--FIRST ROW: A. Barber, E. Mullin, R. Tuthill, J. Neeley, T. Domke. **SECOND ROW:** Mr. Cain, coach, R. Roberts, K.

Roberts, J. Smith, C. Hart, C. Kalinka, E. Daily, J. Eason, K. Dean.



FORE!!!

Baseball Players Hit and Run



The tension of sectionals is captured in Mr. Rhoda's face.



Jack Barkley squints to see the next play.

The five returning lettermen to the baseball diamond this year were Jack Barkley, Lee Evans, captain, Joe Hill, Mike Prochno, and Mark Watts. The team was coached by Coach Rhoda and assistant coach Pat Murphy. The 18 member ever-hitting team had a sensational season with 10 wins, 5 losses, and one tie game with Hobart. Valpo made a clean sweep of the sectionals defeating 3 teams and went on to regionals where they downed LaPorte, but were defeated by the Gary Wirt team. The promising Junior Varsity team ended the season with 6 wins and 4 losses. At the Sports banquet, all five returning lettermen received trophies. Mike Prochno was awarded the fielding award and the Tilton Award. Mark Watts received the batting award. Eleven Varsity letters and 7 minor awards were presented, and 24 J.V. letters were received by team players.



VARSITY BASEBALL--FIRST ROW: D. Hart, B. Nelson, D. Hughes, M. Prochno, J. Hill, M. Frey, L. Evans, J. Barkley, W. Garner, R. Sherrick. **SECOND ROW:** R. Ran-

son, S. Malasto, J. Rhoda, W. Schure, R. Conklin, M. Watts, T. Krysa, T. Griffiths, G. Frogge, R. Stoner, R. Rhoda, coach.



VARSITY BASEBALL

VHS		OPP.
1	E. C. Roosevelt	2
7	South Central	2
14	Whiting	6
2	South Bend St. Joseph	1
6	Munster	9
2	Hobart	2
	Chesterton Tourney	
1	Hobart	0
9	Chesterton	6
0	LaPorte	3
0	East Gary	12
3	Chesterton	2
	Sectional	
4	Wheeler	0
11	LaCrosse	4
2	Hobart	1
	Regional	
2	LaPorte	1
2	Gary Wirt	8



J. V. BASEBALL--FIRST ROW: M. Ziliak, J. Gee, E. Sieckman, D. Autenrieth, M. Zell, K. McGuire, B. Hoepfner, S. Moser, D. Clark, W. Cohen. SECOND ROW: J. Malasto,

K. McGuire, J. Barkley, J. Miller. THIRD ROW: L. Starkey, D. Bray, J. Wiencken, J. Loudon, M. Linkimer, M. Will, G. Kent, R. Gray, P. Murphy, coach.

JUNIOR VARSITY BASEBALL

VHS		OPP.
4	Munster	2
6	Hammond Clark	3
15	Hobart	11
0	Merrillville	7
6	Lowell	9
5	East Gary	6
2	South Central	15
6	Chesterton	9



Exhaustion catches up with Coach Murphy as the game closes.



Stillness exists before a baseball shatters the picture.



To begin ceremonies, seniors stand for the invocation.



The green and white recession ended baccalaureate.

The Final Gathering of Seniors



Becky Carino is assisted by Mary Brunson in adjusting her robe. Jan Benton admires her hard-earned cap.



Mr. G. Warren Phillips addresses his last graduating class.

The 351 members of the 1970 graduating class began commencement activities on June 7 with baccalaureate held at St. Paul's Catholic Church. On June 10, the seniors marched down "memory" isle in Boucher Gym to the traditional "Pomp and Circumstance." Reverend Paul Bretscher of Immanuel Lutheran Church began the evening with an invocation and closed it with a benediction. Superintendent of schools, G. Warren Phillips, gave his traditional "Charge to the Class," and Mr. Johnson addressed his first graduating class. Nancy Parker, this year's valedictorian, spoke on education as communication, followed by recognition of Kristin Gehring as salutatorian. Senior class president, Jack Barkley, led the seniors in the tassel turning to signify the final moment--graduation. Each senior left Boucher Gym with twelve years of education, a diploma, and most of all, an awareness of challenges to come.



Introductions and diplomas were given by principal Mr. Johnson.

Nancy Parker and Kristin Gekring led the seniors as top scholars.



Jack Barkley delivered a speech, and also started the tassel turning.

An overhead picture shows anxious seniors "in wailing."

ACKNOWLEDGEMENTS

Mr. Garth Johnson--VHS Principal

Mrs. Billie Stordeur--Secretary to Principal

Mr. and Mrs. Norbert Dompke--Root Photographers

Mr. Sam Buchanan--Pischel Publishing Company

Mr. Roy Ellis Brown--Valenian Advisor

Vidette Messenger--pictures on pages 154 and 159

Mr. Clifford--Homecoming Court pictures on page 59

VHS Faculty

VHS Student Body



The year of the mess. . . that's what it was! We were all part of the "Elements of Change." Unending construction, makeshift classes, ladders in hallways--these added to the total confusion of 1969-70. A new principal, a new dress code, a new auditorium--all elements of a "new" VHS. Within this mass of confusion the Valenian staff produced a book reflecting the feelings and ideas which were present throughout the year.

All my thanks go to the editors--Barb, Gail, Kathy, Karen, Sue, and Carol--and to the senior and junior staffs, for working so closely with one another in producing the (we think) greatest book ever. Most of all I thank a man who has been a devoted advisor for 12 years. . . Mr. Brown. The school will never find another man willing to give so much time and knowledge towards the creation of a yearbook.

All that is left is a feeling of satisfaction knowing our yearbook is completed. I can now sit back and cherish the memories of this wonderful year.

Debi Skinner
Editor-in-Chief

CORRECTIONS:

Varsity Basketball Body Copy should be: 18 wins and 7 losses on page 64.

Varsity Basketball Scoreboard on page 67 should be: next opponent is Michigan City.

On page 82 in the lower left-hand corner, the caption should read: "Will Philips works to pin his Hanover Central opponent."

On page 83 in the upper left-hand corner, the caption should read: "The ref checks Steve Adgate's pinning combination."

Ted Matern was inadvertently omitted from the Album Section under the Junior Class.

Our sincere apology for misspelling Ben Smith's name.

*To Mr. Brown:
For putting up with
missed deadlines,
late copy,
lost pictures,
torn money,
and all the
unbelievable chaos
of this year;
and for playing the
roles of father,
Commander-In-Chief,
and friend to
eight noisy juniors
and eleven
frustrated seniors,
we who
have known you,
salute you.*

The type for the 1970 Valenian was set in Bodoni Bold Italic and IBM Serif by the Pischel Publishing Company, Marceline, Missouri. The Bodoni was set in 12 point for opening section and divider copy, 30 point for running heads, and 36 point for label heads. The IBM was set in 10 point for body copy and 8 point (italic) for captions. The pages were of 80-pound, white litho-enamel paper.



Connie Fritts was inadvertently omitted from the Senior album section.

Senior Directory

Ackerman, Mark - Swimming 2; Band 2,3,4.
 Adams, Gerald - Science Club 3; Math Club 4; Chess Club 4; Golf 2,3,4.
 Adgate, Stephen - Wrestling 4; Band 4; All-State Band 4; Pep Band 4; Choir 4; Fenton, Michigan 2,3.
 Ahlgrim, Kathleen - Pep Club 2,3; V-Teens 2,3.
 Albers, Gail - Pep Club 2,3,4; V-Teens 3,4.
 Anderson, Barth - Pep Club 2,3; Hi-Y 3,4; Usher 4; Swimming 2,3,4, Co-Captain 4; Track 2.
 Anderson, Jody - Pep Club 2,3,4; V-Teens 2,3,4, Secretary 4; Student Secretary 4; Student Nurse 3.
 Anderson, Victoria
 Anderson, Wayne
 Annen, Paul - Pep Club 3; Football 2,3; Baseball 2, Band 2,3.
 Appelo, Jeannette - Pep Club 4; V-Teens 2,3,4; Drama and Debate 3,4, Treasurer 4; Student Council 4; Student Librarian 2,3,4.
 Asher, Charles - Pep Club 2; Cross Country 2,3; Wrestling 3; Student Council 2,3,4, President 4; Class Officer 2,3, President 2,3; National Honor Society 3,4; Inter-School Council 4, President.
 Avaritt, Warren
 Aytes, Robert - Hi-Y 2,3,4, Usher 4, Sergeant-at-Arms 4; V. L. C. A. 3,4, Sergeant-at-Arms 4; Football 2,4; Wrestling 2; Baseball 2.
 Babcock, Jerry - Pep Club 2,3; Choir 2,3,4.
 Bagges, Gregory
 Baker, Abby - Pep Club 2,3,4, Board 3, Vice-President 4; V-Teens 2,3,4; Gymnastics 2.
 Baker, Cynthia - V-Teens 3.
 Barber, Donald - Pep Club 3; V.L.C.A. 4; Intramurals 3,4; Track 2,3, Manager 3; Cross Country Manager 3,4.
 Barous, Brenda
 Barkley, John - Hi-Y 2,3,4, Usher 4; Football 2,3,4; Basketball 2; Intramurals 3,4; Baseball 2,3,4; Class Officer 4, President.
 Bartholomew, Stephen
 Bauer, Susan - Pep Club 3,4; V-Teens 2,3; Student Secretary 4.
 Beach, Dennis - Pep Club 2;

Intramurals 2,4; Band 2,3,4, Property Man 4 - Pep Band 2,3,4; Carolers 4.
 Bean, Jennifer - Pep Club 2,3,4; Valenian 3,4; Glee Club 2, Benham, Leonard
 Bennett, Harold - Intramurals 2,3,4.
 Bennett, William - V.L.C.A. 3, 4.
 Bentley, Karen
 Benton, Jan - Pep Club 3; V-Teens 2; Glee Club 2.
 Bergstrom, Janis - V-Teens 2; Choir 3; Glee Club 2.
 Berrier, Roger
 Beutler, Mark
 Bieker, Bryan - V.L.C.A. 4; Photography Club 4.
 Black, Susan - V-Teens 4.
 Bochnicka, Donna - Pep Club 2,3,4; V-Teens 4.
 Boling, Cheryl - Pep Club 2; V-Teens 4; Student Nurse 3.
 Boyce, Sandra
 Brady, Linda - Pep Club 2,3, 4; F.T.A. 3,4.
 Braithwaite, Deborah - Pep Club 3,4; V-Teens 3,4; Gymnastics 3; Student Council 4; National Honor Society 4; Valpost 4, Co-Editor-in-Chief.
 Bretscher, Paul - Swimming 2,3,4, Co-Captain 4; Choir 2.
 Bretscher, Sarah - Pep Club 2,3,4; G.A.A. 2,3,4, President 4; Drama and Debate 3; Gymnastics 2,3; Student Council 4; National Honor Society 4; Choir 3,4; Glee Club 2; Carolers 4.
 Bright, Peggy - Pep Club 2,3; V-Teens 2,3; G.A.A. 2,3; Gymnastics 3; Office Girl 4; Student Librarian 4.
 Brock, Elaine - Drama and Debate 4; Photography Club 4, Secretary 4; Choir 4; Glee Club 4.
 Brown, Gregory - Pep Club 2,3, Secretary 2, President 3; Student Council 3; Band 2,3,4; Pep Band 4.
 Brown, Michael - Hi-Y 4; Football 2,3,4; Intramurals 3, 4; Track 2,3,4.
 Brumm, Carla - Glee Club 2, 3,4; Guidance Librarian 4; Student Nurse 3,4.
 Brunson, Mary - V-Teens 2; Glee Club 2,3.
 Buchheit, Francis - Swimming 2; Baseball 2.
 Buck, Thomas
 Buelow, Sharon - Student Librarian 2.

Burns, Sue - 1999 Club 2,3,4, Board 4; V-Teens 2,3,4; G.A.A. 3; Valenian 4, Narrative Editor; Office Girl 4.
 Burton, Thomas
 Butterfield, Steven - Pep Club 2; Hi-Y 4; Football 2,3,4; Basketball 2,3,4; Track 2,3,4; Student Council 2,3; King of Hearts.
 Byers, Richard - Tennis 2.
 Calderazzo, Barbara - Pep Club 2,3.
 Carino, Rebecca - Drama and Debate 3,4; Student Librarian 2,3.
 Carlin, Patricia - Pep Club 2, 4; V-Teens 2.
 Carlson, Sarah - Pep Club 2, 3; V-Teens 2; Drama and Debate 4; Band 2,3,4; Student Nurse 3.
 Carpenter, Cheri - Pep Club 2.
 Casbon, Carol - Pep Club 2, 3,4; V-Teens 2,3, Secretary 3; Student Council 4; Class Officer, Treasurer 4; National Honor Society 3,4; Girls' State Delegate 3; Valenian 3,4, Photo Editor 4; Band 2,3,4.
 Cinkoske, William
 Clark, Vernon - Swimming Manager 3; Football Manager 3; National Honor Society 3,4; Chala Vista, California.
 Clendenin, Dean - V.L.C.A. 3,4; Swimming 2,3,4; Baseball 2; Student Council 4.
 Cleveland, Nancy - Pep Club 2,3,4; V-Teens 2,3,4.
 Clifford, Linda - Pep Club 2,3, 4; V-Teens 2,3,4; G.A.A. 3; Drama and Debate 4; Gymnastics 3; Cheerleader 2,3,4; Homecoming Queen; Choir 3, 4; Glee Club 2; Carolers 4.
 Clifford, Pamela - Valenian 4; Glee Club 2; Office Girl 3; Student Librarian 2,3,4.
 Clifford, Richard - Pep Club 3,4, Vice-President 3, President 4; Hi-Y 3,4; Chess Club 4; Football 2,3,4; Basketball 2; Intramurals 3,4; Track 2,3; Student Council 4.
 Clifford, Sheila - Pep Club 2, 3,4; V-Teens 2,3,4.
 Coffey, Franklin - V.L.C.A. 3,4.
 Cohen, Wendy - Pep Club 4; F.T.A. 4; Drama/Debate 4; Butler, Pa. 2,3.
 Cole, Dianne
 Conkling, Barbara - Pep Club 2,3,4; V-Teens 2,3,4, Program

Chairman 3, President 4; Student Council 2,3,4; N.H.S. 3,4; Homecoming Court 4; Band 2,3,4.
 Conley, Jerry - V.L.C.A. 3; Football 2.
 Conover, Roberta - Pep Club 2,3,4; V-Teens 3,4; Gymnastics 3; Cheerleader 2,3,4; Homecoming Court; Choir 3,4; Glee Club 2; Carolers 3,4.
 Cornman, Deborah - Pep Club 4; V-Teens 4.
 Costas, Jan - Pep Club 3; Student Secretary 4.
 Costello, Susan
 Cox, Robert - Pep Club 3; Swimming Manager 2,3; Intramurals 3,4; Golf 3,4; Baseball 2; National Honor Society 4.
 Daily, Edward - Intramurals 4, Golf 2,4.
 Daines, Donald - Hi-Y 3; Basketball 2; Wrestling 2,3.
 Darnell, Susan - Chess Club 2,3,4; Student Librarian 2,3.
 Dauberman, David - Pep Club 2; Tennis 2,3; Band 2,3,4; Pep Band 2,3,4.
 Dean, Kim - Hi-Y 3; Basketball 2; Intramurals 3,4; Golf 2,3,4.
 DeMass, Jan - G.A.A. 4; Glee Club 2.
 Denby, Kenneth - Intramurals 4.
 Detlef, Ginger - Pep Club 2,3, 4; V-Teens 2; Student Council 2.
 Deuring, Roger - Hi-Y 3,4; Swimming 2,3,4.
 Dibkey, Deborah - Pep Club 2,3; V-Teens 2,3.
 Dick, Douglas - Hi-Y 4; Football 2,3,4; Basketball 2; Intramurals 3,4; Track 2,3.
 Dickey, Diane - Pep Club 4; Gary, Indiana 2,3.
 Diptert, Gail
 Dittman, Susanne - Pep Club 3,4.
 Dorrill, George - V.L.C.A. 3,4.
 Doelling, Judith - Pep Club 2; V-Teens 2.
 Domke, Lynda - Pep Club 2; V-Teens 2; Student Librarian 3.
 Dommermuth, George
 Dost, Charles
 Dowdell, Kenneth - Pep Club 2; National Honor Society 3,4; Boys' State Delegate 3; Valpost 3,4, Feature Editor 3, Editorial Editor 4; Band 2,3,4; Pep Band 3,4.
 DuFallo, Susan

Duran, Jeanne - Pep Club 2; V-Teens 2.
 Dust, Jonathan - Swimming 2, 3,4; Golf 3,4; Photography Club 4. President 4.
 Eason, James - Hi-Y 2,3,4, Usher 3,4; Football 2,3,4; Intramurals 3,4; Wrestling 2; Track 2,3; Student Council 2,3.
 Eaton, Judith
 Edwards, Deborah - Pep Club 2,3,4; V-Teens 2,3,4.
 Eggerding, Daniel - Hi-Y 4; Football 2; Photography Club 4. Treasurer 4; Band 2.
 Eldridge, Elaine - Drama and Debate 2,3; National Honor Society 4; Valpost 2.
 Elliott, Sharon
 Ellis, Joseph - Pep Club 3; Hi-Y 3; Basketball 2,3,4; Track 2,3,4.
 Ellis, Nanci
 England, Nina - V-Teens 4; Student Secretary 4; Wintersville, Ohio 2,3.
 Evans, Lee - Football 2,3,4; Wrestling 2,3,4; Baseball 2,3,4.
 Farrell, Tamsen - Pep Club 2,3,4; V-Teens 2,3,4.
 Fasel, Deborah - Pep Club 2, 4; V-Teens 2,4; Student Nurse 2,3.
 Feldhaus, Thomas - Choir 2.
 Felten, Michael - Band 2,3,4; Choir 3; Carolers 4.
 Fidnarik, Valerie - Pep Club 2,3,4; V-Teens 3; Student Secretary 4; Student Librarian 2.
 Fillwock, John - Hi-Y 3,4; Cross Country 2,3,4; Intramurals 3.
 Flynn, Richard - Cross Country 2; Intramurals 2,3,4.
 Forbes, Mallory - V-Teens 2,3; F.T.A. 2,3; National Honor Society 4; Valenian 4; Office Girl 3,4.
 Forst, Mark - Peru, Illinois 2,3.
 Franzen, Thomas
 Freeland, Charles - Hi-Y 3; Wrestling 2.
 Freeman, Pam - Pep Club 2, 3,4; V-Teens 2,3.
 Freeman, Paulette - Glee Club 4.
 Froberg, Wyn - Pep Club 2,3,4; V-Teens 2; F.T.A. 2,4, President 4; Drama and Debate 3,4; Student Council 4; Student Court 2; Government Club 3; Valpost 3,4; Band 2,3,4; All-State Band 4.
 Furman, Charles - Pep Club

2; Hi-Y 4; Cross Country 2,3, 4; Basketball 2; Intramurals 3,4; Track 2,3,4; Student Council 4.
 Garblson, Nancy - Pep Club 2,3,4; V-Teens 2.
 Gardner, Gillian - Pep Club 2; Drama and Debate 3,4; Glee Club 2.
 Garner, William - Intramurals 2,3,4; Baseball 3,4.
 Gast, Cheryl - Pep Club 2,4; V-Teens 2,3,4; Student Council 2,3,4; Class Officer 2,4; Treasurer 2; Secretary 4; National Honor Society 3,4, President 3; Girls' State Alternate 3; Homecoming Court.
 Gast, Raymond - V.L.C.A. 3,4, Vice-President 3, President 4.
 Gathmann, Victoria - Pep Club 2,3,4; V-Teens 3,4; Gymnastics 2,3; Student Council 2,3,4; Class Officer, Secretary 2,3; National Honor Society 3, 4; Cheerleader 2,3,4; Homecoming Princess; Choir 3,4; Glee Club 2; Carolers 4.
 Gehring, Kristin - Pep Club 2,3,4; V-Teens 3,4; Student Council 2,4, Secretary 4; National Honor Society 3,4; Inter-Council Treasurer 4; Choir 4.
 Good, Mark - Intramurals 4.
 Gorcek, Carol - G.A.A. 2,3; Gymnastics 3; Student Librarian 4.
 Gorub, Deborah - Pep Club 4; V-Teens 2; Student Librarian 2,3,4.
 Gossman, Lawrence - Hi-Y 4; Intramurals 3,4.
 Grant, Paul - Pep Club 3,4, Secretary 3, Vice-President 4; Hi-Y 2,3,4, Usher 4; Football 2,3; Intramurals 3,4; Wrestling 2; Track 2,3; Student Council 4; Choir 2.
 Gray, Jaclyn - Pep Club 2,3,4, President 4; V-Teens 2,3; Drama and Debate 3; Student Council 4; Valenian 3,4.
 Gabbert, Larry
 Grich, Kenneth
 Green, Linda
 Gregory, Michael
 Grskovic, Katherine - V-Teens 4; G.A.A. 3.
 Guild, John - Pep Club 2; Band 2,3,4.
 Gustafson, Reginald
 Hannon, Robert - Hi-Y 3,4; Cross Country 2,3,4; Wrestling 2.
 Harmon, David - Photography Club 4; Band 2,3,4; Pep Band



3,4.
 Harper, Bonnie
 Harrington, Kristine - Pep Club 2.
 Hart, Barbara - Pep Club 3,4; Drama and Debate 4; Band 2,3, 4; Choir 4; Glee Club 3.
 Harter, Burton
 Harvil, Candice - Pep Club 2, 3,4; V-Teens 2,3,4; Glee Club 2; Student Nurse 3.
 Hawkins, John - Pep Club 2; Hi-Y 2,3; Wrestling 3; Track 2; Band 2,3,4.
 Hart, John
 Henderson, Sandra - Pep Club 4; Band 2,3,4.
 Henry, Marilyn - Pep Club 2, 3,4.
 Hermann, Pennie - Pep Club 2.
 Higer, Dorothy - V-Teens 2.
 Hill, Mary - Pep Club 2,3,4; V-Teens 2; Student Council 2; Student Nurse 3; Student Librarian 2.
 Hill, Roland - Pep Club 3; Basketball 2,3,4; Track 2; Baseball 3,4; Student Council 3,4; Class Officer 3,4, Vice-President 3,4; National Honor Society 3,4; Boys' State Delegate; King of Hearts Court; Valpost Assistant Sports Editor 4.
 Hillila, Martin - Swimming 3,4; National Honor Society 4; Band 4.
 Hoard, Stephen - Pep Club 2,3; Tennis 2,3.
 Holland, Marcla - Glee Club 2; Choir 4.
 Hollett, Peregrine - Intra-

murals 4.
 Holmgren, Marvin - Swimming 3,4; Photography Club 4; Choir 2.
 Howard, Julie - Country Club Hills, Illinois 2,3.
 Hoyt, Carol - Pep Club 2,3,4; V-Teens 2,3,4; Valenian 4.
 Hubbard, Barbara - Pep Club 4; Gary, Indiana 2,3.
 Huber, Christine - Pep Club 3, 4; G.A.A. 3; Gymnastics 3; Student Librarian 4.
 Hughes, John
 Ilgenfritz, Deborah - Pep Club 4; Drama and Debate 4; Valenian 4; Choir 4; Carolers 4; Mechanicsburg, Pennsylvania 2,3.
 Johnson, Dean - Hi-Y 2,3,4; Tennis 2,3; Intramurals 3,4.
 Johnson, Thomas
 Johnson, Victoria - Drama and Debate 2,3; Glee Club 2,3; Choir 4.
 Kaminski, Lynn - Pep Club 2, 3,4; V-Teens 3,4.
 Kassinits, Nadine - Pep Club 3,4; V-Teens 3; G.A.A. 4; Gymnastics 3; Band 2,3.
 Kazlauskis, Linda - Pep Club 2,3,4; G.A.A. 3; Student Nurse 4.
 Keefe, Linda - Pep Club 2,3,4; F.T.A. 2,3,4; National Honor Society 4; Glee Club 2.
 Kibbie, Sandra - Office Girl 3,4.
 Knauff, Mark - Hi-Y 4; Cross Country 3; Basketball Manager 4; Intramural 3,4; Track 3,4; Boys' State Delegate 3.

Knight, Harold - Golf 2: Photography Club 4.
Knowlton, Kathryn - Pep Club 2,3,4; Valenian 3,4, Copy Editor 4; Choir 3,4; Glee Club 2; Carolers 4.
Kodak, Mark - Cross Country 3,4; Wrestling 2,3,4; Track 3; Student Council 2; National Honor Society Vice-President 4.

Kornblith, Marc
Kotefka, Constance - Pep Club 3,4; V-Teens 2,3,4; G.A.A. 2,3,4, Vice-President 4; Drama and Debate 4; Choir 3; Glee Club 2; Carolers 4.
Kotys, William - V.I.C.A. 3,4, Secretary 4; Intramurals 2; Wrestling 2,4; Golf 3,4.

Krekeler, Barbara - Pep Club 2,3,4; V-Teens 2,3,4; Student Council 4; National Honor Society 3,4, Secretary 4; Homecoming Court; Valenian 4, Art Editor 4; Office Girl 3,4.
Kretzmann, Stephen - Pep Club 2; Cross Country 2,3; Intramurals 3; Track 2; Student Council 3; National Honor Society 3,4; Valpost 3.

Kruger, John - Tennis 2,3,4; Intramurals 3,4; Wrestling 2; Krysa, Tom - Football 2,3,4; Basketball 2,3,4; Track 2,3; King of Hearts Court.

Kueck, John
Kukura, David
La Brie, Michael - Swimming 2,3,4; Choir 2,3,4; Carolers 4.
Lambert, Diane - Pep Club 2; V-Teens 2; Student Council 4; Treasurer 4; Glee Club 2; Student Nurse 4.

Lambert, Teri - Pep Club 2.
Lamp, Michael - Drama and Debate 2,3,4; Intramurals 2, 3,4; Choir 2,3,4; Carolers 2, 3,4.
Lamrock, Dianna - Glee Club 4.

Largura, Thomas - Football 3; Hi-Y 4.

Laube, Marie - Pep Club 2,3,4; V-Teens 3; Glee Club 2.
Laube, Mary - Pep Club 2,3,4; V-Teens 3; Glee Club 2.

Laughery, John - Hi-Y 4, Usher 4; Football 2,3,4; Basketball 2; Intramurals 3,4; Track 2,3.

Laughery, Robert - Football 2,3,4; Basketball 2; Intramurals 3,4; Track 2,3,4.
Leaming, Eric - Pep Club 2; Hi-Y 3,4, Usher 4; Swimming

2,3,4; Track 2; Student Council 4; King of Hearts Court. Leasure, Margaret - V-Teens 4; G.A.A. 3; Office Girl 4.
Lemhke, Lisbeth - Pep Club 2,3; V-Teens 2,3,4; G.A.A. 2, 3,4; Drama and Debate 3,4; National Honor Society 4; Choir 3,4, President 4; Glee Club 2; Carolers 4.
Lindholm, Robert - V.L.C.A. 4; Tennis 2; Intramurals 2; Golf 2,3,4.

Ling, Lawrence - V.L.C.A. 4.
Lochmandy, Teri - Pep Club 2,3,4; V-Teens 2,3,4; F.T.A. 3,4; Drama and Debate 4; National Honor Society 4.

Looman, James - Pep Club 2; Hi-Y 3,4, Usher 4; Chaplain 4; Cross Country 2,3,4; Intramurals 3,4; Track 2,3,4; Student Council 3,4, Vice-President 3,4, Treasurer 4; Inter-School Council 3,4.

Lowe, Gregory
Maas, John - Pep Club 3,4, Treasurer 3,4; Hi-Y 2,3,4; Football 2, Manager 2; Intramurals 3,4; Baseball 2; Student Council 4.

Maddock, Marcia - V-Teens 2; G.A.A. 2,3.
Mansfield, Karen - Glee Club 2,3.

Maple, Dale - Pep Club 2; V-Teens 2; Choir 3,4; Glee Club 2; Carolers 4, Secretary-Treasurer 4.
Maudin, Bonnie - Pep Club 2; Meece, Cheryl - Pep Club 2; V-Teens 2; G.A.A. 2,3.
Miller, James - Hi-Y 2,3,4, Usher 3,4, Vice-President 3, Secretary-Treasurer 4; Football 2,3,4; Swimming 2; Track 2,3,4; Band 2.

Miller, Robert - Pep Club 2, 3,4; V-Teens 2; Office Girl 3; Student Secretary 4.
Miller, Robert - Football 2.
Miller, Thomas C.

Miller, Thomas W. - Band 2, 3,4; All-State Band 4; Pep Band 3,4.
Milson, Susan - Glee Club 2, 3,4; Guidance Librarian 3.

Miltz, Stephan
Mohler, Donna - Pep Club 2, 3,4; V-Teens 2,3,4, Board 3, Program Chairman 4; F.T.A. 2; Drama and Debate 3,4; Band 2,3,4, Point Chairman 4.

Moore, Linda - Pep Club 2,3,4; V-Teens 2,3; G.A.A. 3,4; Gym-

nastics 2; National Honor Society 4; Valenian 4.
Moonhead, Grant - National Honor Society 4; Band 4; Pep Band 4; Northville, Michigan 2,3.

Morrison, Richard - Gary, Indiana 2,3.
Moser, Donna - Pep Club 2,3, 4; G.A.A. 3; F.T.A. 2,3,4, Vice-President 4; Drama and Debate 3,4; National Honor Society 4; Office Girl 2,3,4; Guidance Librarian 2,3.

Moser, Michael - Hi-Y 4; Football 2,3,4; Intramurals 2, 3,4; Track 2,3,4.
Mullin, Edward - Intramurals 3,4; Wrestling 2; Golf 3,4; Baseball 2.

Mundy, Karen - Pep Club 2,3, 4; V-Teens 2,3,4; G.A.A. 2; Drama and Debate 2,3,4; Student Council 2,3,4; National Honor Society 4; Valpost 2,4, Feature Editor 4; Choir 3,4, Secretary-Treasurer 4; Glee Club 2; Carolers 4; Student Librarian 3,4.

Murvihill, Kathleen - Pep Club 2,3; V-Teens 2; Choir 3,4; Glee Club 2; Guidance Librarian 3.
Murvhill, Stephan
McCasland, Sarah - G.A.A. 3, 4; Glee Club 2,3.

McChristian, Kathryn - Glee Club 2,3; Student Nurse 2.
McShane, Christine - Pep Club 2,3,4; V-Teens 3.
Nailleux, James - V.I.C.A. 3.
Nailleux, Kevin - Pep Club 2; Hi-Y 3,4, Usher 4; Football 2,3,4; Intramurals 3,4; Track 2,3,4; Basketball 2.

Neander, Michael - Chess Club 4; National Honor Society 4; Photography Club 4.

Nelson, William - Tennis 2; Intramurals 2.
Newberry, Nathan - Band 2.
Newcomb, Charles - Pep Club 2; Drama and Debate 3; Swimming Manager 2; Intramurals 4; Golf 2,3,4; Choir 2,3,4.
Newman, Michael - Hi-Y 2; Intramurals 2,3,4; Baseball 2.

Nielsen, Robert - Hi-Y 2.
Nightingale, Craig - Football 2,3,4; Wrestling 2,3; Track 2.
Niksch, John - Football 2.
Norlington, Denise - G.A.A. 2.
North, Marsha

2,3,4.
O'Brien, Ronald - Football 2.
O'Keefe, John - Cross Country 4; Wrestling 2,3,4; Track 2,3.
O'Neil, Peggy - G.A.A. 4; Glee Club 2.

Parker, Nancy - Pep Club 2,3; V-Teens 2,3,4, Treasurer 3, Vice-President 4; G.A.A. 2,3, Secretary 3; Student Council 3; National Honor Society 3,4; Girls' State Delegate 3; Choir 4; Glee Club 2.

Paschen, David - Intramurals 2,3,4.

Pearlman, Robert - Cross Country 3; Intramurals 3,4; Wrestling 2; Track 2,3; Student Court 4.

Pedone, Janet - Pep Club 2,3,4; F.T.A. 4.

Peterson, Carlene
Phillips, David - Football 2.
Phillips, Jeanne - Pep Club 2,3,4; V-Teens 2,3,4; G.A.A. 3; Drama and Debate 4; National Honor Society 4.

Pittman, Victoria - V-Teens 3,4, G.A.A. 4.
Polite, Annette - Glee Club 2,3.
Pool, Rollo - Pep Club 2; Hi-Y 3,4, Usher 4, President 4; Tennis 2,3; Intramurals 3,4; Track 2,3,4; Student Council 2,4; Class Officer 2, Vice-President.

Porch, Tom - Band 4.
Prentiss, Robert - V.L.C.A. 4; Track 2.
Pritchard, Sherlynn - Pep Club 2,3,4, Board 2; Student Librarian 3.

Prochno, Michael - Hi-Y 4; Intramurals 3,4; Baseball 2,3, 4.
Proffitt, Margaret - Pep Club 2; Student Nurse 3,4.
Pulianus, Glenn - Pep Club 3; Hi-Y 4; Football 2,4; Basketball 2,3,4; Track 2,3; Student Council 4; National Honor Society 3,4; Valpost 3,4, Sports Editor 4.

Quintero, Linda - Glee Club 2.
Rader, Colleen - Pep Club 2, 3,4; G.A.A. 3,4; F.T.A. 2,3,4; Student Council 4; National Honor Society 3,4; Student Nurse 4; Drama and Debate 4; Valpost 3,4, News Editor 4; Guidance Librarian 4.

Rager, Linda - Pep Club 3; V-Teens 2; G.A.A. 3; Gymnastics 3; Choir 3; Glee Club 2; Student Librarian 2; Student Secretary 4.

Hogan, Gerald

Holt, Jim

Houston, Roberta - Band 2;
Glee Club 3; Student Librarian 4.

Richart, Frederick - Football 2.

Ringer, Bruce - Tennis 3;
Intramurals 3,4; Band 2,3,4;
All-State Band 3,4; Pep Band 2,3,4.

Robinson, Charles - Football 2,3,4; Wrestling 2; Track 3.
Robinson, Keila - Pep Club 2,3;
V-Teens 3,4; Student Council 3; National Honor Society 3,4.
Robinson, Richard - Swimming 2.

Roscoe, Karen - Pep Club 3,4;
V-Teens 4; G.A.A. 3; National Honor Society 4; Valenian 3,4.
Business Editor 4.

Rosenbaum, Mildred

Rossup, Nancy - Pep Club 2;
3; National Honor Society 4.
Rubel, Karen - Fort Wayne, Indiana 2,3.

Rugg, Richard - V.L.C.A. 4.

Rush, Nancy

Saiter, Robert

Silberg, Jeffrey - Football 2;
Basketball 2,3,4; Track 2; Golf 3,4; National Honor Society 3,4.

Saunders, Edward - Tennis 2;
Wrestling 2; Student Court 4; Valpost 4.

Schaefer, Scott - Pep Club 2,3;
Drama and Debate 3,4; Intramurals 2,3,4; Student Council 4; National Honor Society 4; Valpost 2,3,4; Co-Editor-in-Chief: Choir 2,3,4; Carolers 3,4.

Schane, Michelle - Band 2,3.
Schoenfeld, Dennis - Football 2,3,4; Intramurals 4; Wrestling 2,3,4; Track 2,3.

Schroeder, Timothy - V.L.C.A. 3,4; Intramurals 2.

Scott, James - Pep Club 2;
Hi-Y 2,3,4; Drama and Debate 3; Valpost 2,3,4, Circulation Manager 3, Business Manager 4; Band 2,3,4; Pep Band 4; Choir 3.

Sells, Vaughn

Sexton, Beverly

Shanahan, Karen - Pep Club 2,3,4; V-Teens 2,3,4; Drama and Debate 3; Valenian 4; Choir 3; Glee Club 2; Office Girl 2; Student Nurse 2,3,4.

Shauer, Janet - Pep Club 2,3,4;
Board 4; V-Teens 2,3,4; Student Council 3; Class Officer

3, Treasurer: National Honor Society 3,4; Student Court 2.
Sherrhod, Michael

Shewan, Edward - Pep Club 3;
Band 2,3,4.

Singer, Deborah - Pep Club 2,3,4; V-Teens 2,3,4; Student Council 4; Valenian 3,4; Editor-in-Chief 4; Choir 3,4; Glee Club 2; Carolers 4.
Smith, Anita - F.T.A. 2.

Smith, Benjamin

Somers, Jo Ellen - Pep Club 3,4; V-Teens 2,3; G.A.A. 3,4; Choir 3,4; Carolers 4; Student Nurse 2.

Sommers, Vincent - Hi-Y 3,4; Intramurals 2,3,4.

Spitler, David - Pep Club 3; Golf 2; Band 2,3,4.

Stanton, Eugene - Hi-Y 4;
Football 2,3,4; Intramurals 4; Wrestling 2; Track 2,3,4; Student Council 2; King of Hearts Court.

Starkey, Linda - Pep Club 2,3,4; Treasurer 4; V-Teens 2,3; Valenian 4; Band 2,3; Office Girl 3; Student Secretary 4; Student Nurse 2,3.

Stevenson, Donna - Pep Club 2.

Stipp, Deborah - Pep Club 2,3,4; V-Teens 2; Drama and Debate 3; Valpost 2,3,4; Managing Editor 4; Student Librarian 2; Student Secretary 4.

Stokes, Joanna - Pep Club 2,3,4; V-Teens 2,3,4; Drama and Debate 4; Gymnastics 2,3; Cheerleading 2,3,4; Homecoming Court; Glee Club 2.

Stordeur, Sue - G.A.A. 3; Drama and Debate 4; Office Girl 4.

Strikwerda, Lynn - Glee Club 2,3.

Sutherland, Nancy

Sutton, Deborah - Pep Club 2.

Swinford, Ronald - Football 2,3,4; Wrestling 2; Track 2,3,4; Student Council 2; King of Hearts Court.

Tanck, Debra - Pep Club 2,3,4; V-Teens 2; Glee Club 2.

Taylor, Richard - Pep Club 2; Hi-Y 4; Football 2; Basketball 2; Intramurals 3,4.

Thebo, Donald

Thiesen, Douglas - Drama and Debate 3; Tennis 2,3,4; Valpost 2,3,4; Photographer 3,4; Band 4; Choir 2,3,4; Carolers 2,3,4; President 4.

Thomas, Michael - Hi-Y 4; Football 2; Intramurals 4.

Thorgren, Robert - Hi-Y 4,

Track 1; Football 2; Intramurals 1,3; Band 4; Prince of Hearts.

Thorpe, Teresa - Pep Club 2.

Tilton, David

Tomczak, Mary - Pep Club 2; Student Librarian 4.

Tracy, Neal - Band 2,3,4; Pep Band 3,4; Choir 2,3,4; Carolers 2,3,4.

Tuesburg, Cynthia - Pep Club 2; Chess Club 4; Band 2,3,4; Student Librarian 3; Student Secretary 4.

Turpin, Gregg - Swimming 2,3,4.

Underwood, Richard - Pep Club 3; Hi-Y 4; Usher 4; Football 2,3,4; Intramurals 3,4; Track 3,4; Student Council 2; Guidance Librarian 4.

Ungurait, Diane - Michigan City, Indiana

Vickers - Rebecca - Pep Club 3.

Vocke, Eugene - Intramurals 2; Baseball 2.

Wade, Michael - V.L.C.A. 3,4; Treasurer 4; Football 2,3,4; Track 2,3,4; Intramurals 2,3,4.

Washler, John - Wrestling 2,3,4; Track 2,3.

Watts, Mark - Hi-Y 2,3,4; Usher 4; Football 2,3,4; Basketball 2,3; Intramurals 4; Baseball 2,3,4; Boys' State Alternate.

Webb, John - Hi-Y 2,3,4; Football 2,3,4; Wrestling 2,3,4; Track 2,3; Boys' State Alternate.

Welches, Terrence - Intramurals 4.

Weis, Carl - Pep Club 2; Hi-Y 3,4; Swimming 2; Track 2.

Wellner, Barbara - Drama and Debate 3.

White, James - Choir 2,3,4.

Wiesjahn, Dean - Hi-Y 4; Usher 4; Cross Country 2; Track 2; Choir 2.

Wilgus, Debra - V-Teens 4.

Williams, Robert

Williamson, Gail - Pep Club 2,3,4; V-Teens 2,3,4; Student Council 3; Valenian 4; Layout Editor 4.

Winerman, Mark - Football 2,3; Basketball 2; Intramurals 3,4; Track 2,3; Student Council 4.

Witters, Lee - Tennis 2.

Womack, Kit - Pep Club 3,4; G.A.A. 3.

Woodard, Susan

Woods, Jeffrey - V.L.C.A. 3,4.

Woods, Michael - Football 2.

3; Track 2.

Zorick, Joan



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the 1990s, the number of people with a diagnosis of schizophrenia has increased in the United Kingdom (Meltzer and Peck 1998). The prevalence of schizophrenia in the United Kingdom is estimated to be 1.2% (Meltzer and Peck 1998).

There is a growing awareness of the need to improve the lives of people with a diagnosis of schizophrenia. The United Kingdom's Department of Health (1999) has set out a vision of a new mental health system, which will be based on the principles of recovery, partnership, and choice. The vision is of a system in which people with a diagnosis of schizophrenia are able to live their lives to the full, and to participate in the community. The vision is of a system in which people with a diagnosis of schizophrenia are able to make choices about their lives, and to have a say in the decisions that affect them. The vision is of a system in which people with a diagnosis of schizophrenia are able to live their lives to the full, and to participate in the community. The vision is of a system in which people with a diagnosis of schizophrenia are able to make choices about their lives, and to have a say in the decisions that affect them.

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